

For Ramadan in general

Learners need to talk to the service education leads (people who do orientation of learners at the beginning of rotation) to see what additional supports are available during Ramadan.

SickKids:

At SickKids each retailer has their own hours of operation different than a traditional food court.

<https://www.sickkids.ca/en/patients-visitors/food-shops/>

- Starting the fast (5:15 m - 6:15 am) Starbucks opens at 5:30 am and Tim Hortons at 6:00 am
- Breaking the fast (7:15 - 8:00 pm) Starbucks, Subway, Tim Hortons, Soup it Up and Jimmy the Greek are open at this time
- Vending machines available 24/7

UHN:

Learners can also be referred to UHN medical education for any questions at email: medicaleducation@uhn.ca.

Overall food court times:

- TGH: 5 am to 9 pm
- TWH: 6 am to 9:30 pm
- PMH: 6 am to 8 pm (7 am to 5 pm on weekends) this will be an issue

The retail vendors have financial difficulties providing 24/7 access.

Most learners are now using delivery apps to order food after hours.

There is a unique vending options that can remain open 24/7 (e.g. KitchenMate

<https://www.youtube.com/watch?v=UVFtAdZIWzg>, and 24 hour Coffee Robo Café at TGH).

Medical Education provides free snacks for learners at residents' lounges.

Toronto General	Monday to Friday	Weekends		
		Saturday	Sunday	
Booster Juice	8am - 8pm	11am - 6pm	11am - 6pm	Food court (G Norman Urquhart)
Danish Pastry	7am - 6pm	9am - 4pm	closed	Eaton Wing, Mezzanine level
Hero Burger	10:30am - 7:30pm	11am - 6pm	11am - 6pm	Food court (G Norman Urquhart)
Lettieri	7am - 5pm	7am - 3pm	closed	Elizabeth entrance (Eaton Wing, G level)
Mega Wrap	8am - 8pm	11am - 6pm	11am - 6pm	Food court (G Norman Urquhart)
Salad Days	10:30am - 6pm	closed	closed	Elizabeth entrance (Eaton Wing, G level)
Starbucks	5:30am - 9pm	6am - 8pm	6am - 8pm	Unviersity entrance (McEwen atrium)
Subway	8am - 9pm	9am - 6pm	9am - 6pm	Food court (G Norman Urquhart)

Developed by Dr. Umberin Najeeb with the help from CEOs and/or VP Education at Sunnybrook, Sick Kids, Unity Health, Mt. Sinai and UHN hospitals.

Sushi by Bento	11am - 3pm	closed	closed	Food court (G Norman Urquhart)
Tim Hortons	6am - 8pm	6am - 6pm	6am - 6pm	1 Norman Urquhart, Lobby
The Bagel Stop	7am - 4pm	7am - 4pm	7am - 4pm	Food court (G Norman Urquhart)
Wing Machine	11am - 8pm	11am - 8pm	noon - 8pm	Food court (G Norman Urquhart)

Toronto Western	Monday to Friday	Weekends		
		Saturday	Sunday	
Asian Gourmet	11:30am - 6:30pm	closed	closed	Food court (Atrium)
Booster Juice	11am - 4pm	11am - 4pm	11am - 4pm	Food court (Atrium)
Druxy's	7am - 5:30pm	8am - 4pm	8am - 4pm	Food court (Atrium)
Pizza/Jerk Chicken	10am - 6pm	11am - 4pm	closed	Food court (Atrium)
Mix It Up	7am - 6pm	9am - 3pm	closed	Food court (Atrium)
Mr. Sub	10am - 4:30pm	closed	closed	Food court (Atrium)
Second Cup	6:30 am - 4pm	closed	closed	Leonard entrance
The Bagel Stop	6:30am - 7pm	closed	closed	Food court (Atrium)
Edo Sushi	11am - 6pm	closed	closed	Food court (Atrium)
Tim Hortons	6am - 11pm	6am - 11pm	6am - 11pm	Atrium

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Princess Margaret	Monday to Friday	Weekends		
		Saturday	Sunday	
Pinto Market	8am - 6:00pm	9am - 2pm	closed	Murray St entrance
Starbucks	6am - 8pm	8am - 3pm	8am - 3pm	Murray St entrance
Tim Hortons	6am - 6:30pm	7am - 4pm	7am - 4pm	610 University entrance
Real Fruit Bubble Tea	10am - 6:30pm	10am - 4:30pm	closed	620 University entrance

Vending Locations across UHN

Princess Margaret Hospital:

- Snack Machine – 17th /Floor - Beside Elevators
- Drink Machine – 17th/Floor - Beside Elevators
- Drink Machine - 5th/Floor - Beside Palliative Care
- KitchenMate – Hot and Fresh meal options – Main floor, entrance of 610 University

Toronto Western Hospital:

- Drink Machine – Main lobby - Beside ATM
- Snack Machine – Main lobby –Beside ATM
- Drink Machine - Ground floor - Beside Male Washroom
- Drink Machine - Ground floor – near Booster Juice
- Drink Machine - Ophthalmology Waiting Area

Toronto General Hospital:

- Robo Café – 24/7 Coffee Option – Food Court (by Subway)
- Drink Machine - Food Court (By Sushi-Q)
- Drink Machine - Food Court (By Sushi-Q)
- Snack Machine - Food Court (By Sushi-Q)
- Drink Machine - Food Court (By Subway) - Dasani branded
- Drink Machine - Food Court (By Subway)
- Drink Machine - Basement – Receiving Area
- Drink Machine - Basement - CSB - By Elevator

- Drink Machine – Emergency Department
- Drink Machine – 3rd /Floor - Elliott Elevators
- Drink Machine – 3rd /Floor - CSB - Patient Waiting Area
- Snack Machine – 3rd /Floor - CSB - Patient Waiting Area
- Snack Machine – 4th /Floor - Hallway
- Drink Machine – 4th /Floor - Hallway
- Drink Machine – 6th/Floor – Eaton Wing
- Snack Machine – 7th /Floor - Hallway
- Drink Machine- 7th Floor - Hallway
- Drink Machine – 10th /Floor - Eaton
- Drink Machine – 11th /Floor - Hallway

Robo Café: 24/7 Coffee option:

- With ground-breaking robotic delivery, the Robo Cafe serves premium specialty coffees with unparalleled precision including espressos, cappuccinos, lattes, and blends. <https://www.rccoffee.com/>

KitchenMate: Offering **24/7** freshly cooked breakfast, lunch and dinner meals, [KitchenMate | Get Started](#)

SMH:

The hours of St Mikes cafeteria's and other retail food areas – In addition to this they also have vending machines with some other options near the marketeria for after hours.

Marketeria - 6th Floor Cardinal Carter wing:

Monday – Friday 7 a.m. to 7 p.m.

Saturday and Sunday 8 a.m. to 4 p.m.

Second cup Queen St. Entrance

24-7 (but has had some staffing issues and has been closed overnight a few days per week)

Tim Hortons -6th Floor Cardinal Carter Wing (inside the Marketeria)

Monday to Friday, 6:30 a.m. to 6 p.m., Saturday and Sunday, closed

Tim Hortons - 1st Floor Peter Gilgan Patient Care Tower

Monday to Friday, 7 a.m. to 11 p.m.

Saturday and Sunday, 8 a.m. to 4 p.m.

Quesada 1st Floor Peter Gilgan Patient Care Tower

Monday to Friday, 11 a.m. to 3:30 p.m. Closed weekends

Subway Li Ka Shing

Monday to Friday, 9 a.m. to 7 p.m.

Saturday, 11 a.m. to 6 p.m., closed Sunday

Starbucks – Li Ka Shing

Monday to Friday, 7:30 a.m. to 3:30 p.m.

Weekends, closed

Sunnybrook:

Sections of the M wing food court are open 24 hours, these include Second Cup and the grab & go Market Express area.

Second cup: 23 Hours a day (closed 3 a.m. to 4 a.m.).

Swiss Chalet:

Hours: Monday to Friday - 11 a.m. to 7:30 p.m.

Weekends - 11 a.m. to 7 p.m.

Pizza Pizza:

Reduced hours: Monday to Friday - 11 a.m. to 5 p.m.

Weekends - Closed

IMPORTANT: M WING Swiss Chalet will be offering halal chicken during Ramadan and Pizza Pizza currently uses halal chicken on the pizzas. There are also vegetarian options at all stations that are suitable for customers requiring halal.

Right now the chicken at both of these vendors are halal. But they don't know when that will change based on the supplier. **Learners are encouraged to ask.** Vendors are also requested to inform their staff of this information regarding their meats, in case they get inquiries from learners.

Harlequins will feature halal options at the Healthy Kitchen station when available which will be posted on the online menu.

Extreme Pita

Hours: Monday to Friday - 7 a.m. to 6 p.m.

Weekends - 11 a.m. to 6 p.m.

PurBlendz

Hours: Monday to Friday - 7 a.m. to 6 p.m.

Weekends - 11 a.m. to 6 p.m.

C-Wing first floor Tim Hortons

Hours: Monday to Friday, 7 a.m. to 5 p.m.

Baked goods

Hot & cold beverages

<https://sunnybrook.ca/content/?page=care-serv-food-retail>

MSH:

Thai Express: Mon-Fri 11:00 a.m. to 3:00 p.m.

UNaru Sushi: Mon-Fri 8:00 a.m. to 6:30 p.m.
Sat & Sun 8:00 a.m. to 3:00 p.m.

Bar Burrito: Mon-Fri 10:30 a.m. to 6:00 p.m.
Sat & Sun 10:30a.m. to 3:00 p.m.

Aroma: Mon-Fri 6:30 a.m. to 7:30 p.m.
Sat & Sun 8:00 a.m. to 3:00 p.m.

MeVaMe: Mon-Fri 11:00 a.m. to 8:00 p.m.
Sat & Sun 12:00 a.m. to 6:00 p.m.

Second Cup: Mon-Sun 6:00am to 9:00 p.m.