For Ramadan in general

Learners need to talk to the service education leads (people who do orientation of learners at the beginning of rotation) to see what additional supports are available during Ramadan.
SickKids:

At SickKids each retailer has their own hours of operation different than a traditional food court. [https://www.sickkids.ca/en/patients-visit...](https://www.sickkids.ca/en/patients-visitor...)

- Starting the fast (5:15 m - 6:15 am) Starbucks opens at 5:30 am and Tim Hortons at 6:00 am
- Breaking the fast (7:15 - 8:00 pm) Starbucks, Subway, Tim Hortons, Soup it Up and Jimmy the Greek are open at this time
- Vending machines available 24/7
UHN:
Learners can also be referred to UHN medical education for any questions at email: medicaleducation@uhn.ca.

Overall food court times:
- TGH: 5 am to 9 pm
- TWH: 6 am to 9:30 pm
- PMH: 6 am to 8 pm (7 am to 5 pm on weekends) this will be an issue

The retail vendors have financial difficulties providing 24/7 access. Most learners are now using delivery apps to order food after hours. There is a unique vending options that can remain open 24/7 (e.g. KitchenMate https://www.youtube.com/watch?v=UVFlAdZIWrz, and 24 hour Coffee Robo Café at TGH). Medical Education provides free snacks for learners at residents' lounges.

<table>
<thead>
<tr>
<th>Toronto General</th>
<th>Monday to Friday</th>
<th>Weekends</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Saturday</td>
<td>Sunday</td>
</tr>
<tr>
<td>Booster Juice</td>
<td>8am - 8pm</td>
<td>11am - 6pm</td>
<td>11am - 6pm</td>
</tr>
<tr>
<td>Danish Pastry</td>
<td>7am - 6pm</td>
<td>9am - 4pm</td>
<td>closed</td>
</tr>
<tr>
<td>Hero Burger</td>
<td>10:30am - 7:30pm</td>
<td>11am - 6pm</td>
<td>11am - 6pm</td>
</tr>
<tr>
<td>Lettieri</td>
<td>7am - 5pm</td>
<td>7am - 3pm</td>
<td>closed</td>
</tr>
<tr>
<td>Mega Wrap</td>
<td>8am - 8pm</td>
<td>11am - 6pm</td>
<td>11am - 6pm</td>
</tr>
<tr>
<td>Salad Days</td>
<td>10:30am - 6pm</td>
<td>closed</td>
<td>closed</td>
</tr>
<tr>
<td>Starbucks</td>
<td>5:30am - 9pm</td>
<td>6am - 8pm</td>
<td>6am - 8pm</td>
</tr>
<tr>
<td>Subway</td>
<td>8am - 9pm</td>
<td>9am - 6pm</td>
<td>9am - 6pm</td>
</tr>
</tbody>
</table>

Developed by Dr. Umberin Najeeb with the help from CEOs and/or VP Education at Sunnybrook, Sick Kids, Unity Health, Mt. Sinai and UHN hospitals.
<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Monday to Friday</th>
<th>Saturday</th>
<th>Sunday</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sushi by Bento</td>
<td>11am - 3pm</td>
<td>closed</td>
<td>closed</td>
<td>Food court (G Norman Urquhart)</td>
</tr>
<tr>
<td>Tim Hortons</td>
<td>6am - 8pm</td>
<td>6am - 6pm</td>
<td>6am - 6pm</td>
<td>1 Norman Urquhart, Lobby</td>
</tr>
<tr>
<td>The Bagel Stop</td>
<td>7am - 4pm</td>
<td>7am - 4pm</td>
<td>7am - 4pm</td>
<td>Food court (G Norman Urquhart)</td>
</tr>
<tr>
<td>Wing Machine</td>
<td>11am - 8pm</td>
<td>11am - 8pm</td>
<td>noon - 8pm</td>
<td>Food court (G Norman Urquhart)</td>
</tr>
<tr>
<td>Toronto Western</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday to Friday</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asian Gourmet</td>
<td>11:30am - 6:30pm</td>
<td>closed</td>
<td>closed</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Booster Juice</td>
<td>11am - 4pm</td>
<td>11am - 4pm</td>
<td>11am - 4pm</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Druxy's</td>
<td>7am - 5:30pm</td>
<td>8am - 4pm</td>
<td>8am - 4pm</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Pizza/Jerk Chicken</td>
<td>10am - 6pm</td>
<td>11am - 4pm</td>
<td>closed</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Mix It Up</td>
<td>7am - 6pm</td>
<td>9am - 3pm</td>
<td>closed</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Mr. Sub</td>
<td>10am - 4:30pm</td>
<td>closed</td>
<td>closed</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Second Cup</td>
<td>6:30 am - 4pm</td>
<td>closed</td>
<td>closed</td>
<td>Leonard entrance</td>
</tr>
<tr>
<td>The Bagel Stop</td>
<td>6:30am - 7pm</td>
<td>closed</td>
<td>closed</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Edo Sushi</td>
<td>11am - 6pm</td>
<td>closed</td>
<td>closed</td>
<td>Food court (Atrium)</td>
</tr>
<tr>
<td>Tim Hortons</td>
<td>6am - 11pm</td>
<td>6am - 11pm</td>
<td>6am - 11pm</td>
<td>Atrium</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Princess Margaret</th>
<th>Monday to Friday</th>
<th>Weekends</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Saturday</td>
</tr>
<tr>
<td>Pinto Market</td>
<td>8am - 6:00pm</td>
<td>9am - 2pm</td>
</tr>
<tr>
<td></td>
<td>8am - 2pm</td>
<td></td>
</tr>
<tr>
<td>Starbucks</td>
<td>6am - 8pm</td>
<td>8am - 3pm</td>
</tr>
<tr>
<td></td>
<td>8am - 3pm</td>
<td></td>
</tr>
<tr>
<td>Tim Hortons</td>
<td>6am - 6:30pm</td>
<td>7am - 4pm</td>
</tr>
<tr>
<td>Real Fruit Bubble Tea</td>
<td>10am - 6:30pm</td>
<td>10am - 4:30pm</td>
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</tbody>
</table>

**Vending Locations across UHN**

**Princess Margaret Hospital:**
- Snack Machine – 17th/Floor - Beside Elevators
- Drink Machine – 17th/Floor - Beside Elevators
- Drink Machine - 5th/Floor - Beside Palliative Care
- KitchenMate – Hot and Fresh meal options – Main floor, entrance of 610 University

**Toronto Western Hospital:**
- Drink Machine – Main lobby - Beside ATM
- Snack Machine – Main lobby – Beside ATM
- Drink Machine - Ground floor - Beside Male Washroom
- Drink Machine - Ground floor – near Booster Juice
- Drink Machine - Ophthalmology Waiting Area

**Toronto General Hospital:**
- Robo Café – 24/7 Coffee Option – Food Court (by Subway)
- Drink Machine - Food Court (By Sushi-Q)
- Drink Machine - Food Court (By Sushi-Q)
- Snack Machine - Food Court (By Sushi-Q)
- Drink Machine - Food Court (By Subway) - Dasani branded
- Drink Machine - Food Court (By Subway)
- Drink Machine - Basement – Receiving Area
- Drink Machine - Basement - CSB - By Elevator

Developed by Dr. Umberin Najeeb with the help from CEOs and/or VP Education at Sunnybrook, Sick Kids, Unity Health, Mt. Sinai and UHN hospitals.
- Drink Machine – Emergency Department
- Drink Machine – 3rd /Floor - Elliott Elevators
- Drink Machine – 3rd /Floor - CSB - Patient Waiting Area
- Snack Machine – 3rd /Floor - CSB - Patient Waiting Area
- Snack Machine – 4th /Floor - Hallway
- Drink Machine – 4th /Floor - Hallway
- Drink Machine – 6th/Floor – Eaton Wing
- Snack Machine – 7th /Floor - Hallway
- Drink Machine- 7th Floor - Hallway
- Drink Machine – 10th /Floor - Eaton
- Drink Machine – 11th /Floor - Hallway

Robo Café: 24/7 Coffee option:

- With ground-breaking robotic delivery, the Robo Cafe serves premium specialty coffees with unparalleled precision including espressos, cappuccinos, lattes, and blends. [https://www.rccoffee.com/](https://www.rccoffee.com/)

KitchenMate: Offering 24/7 freshly cooked breakfast, lunch and dinner meals, [KitchenMate | Get Started](#)
SMH:

The hours of St Mikes cafeteria's and other retail food areas – In addition to this they also have vending machines with some other options near the marketeria for after hours.

Marketeria - 6th Floor Cardinal Carter wing:
Monday – Friday 7 a.m. to 7 p.m.
Saturday and Sunday 8 a.m. to 4 p.m.

Second cup Queen St. Entrance
24-7 (but has had some staffing issues and has been closed overnight a few days per week)

Tim Hortons -6th Floor Cardinal Carter Wing (inside the Marketeria)
Monday to Friday, 6:30 a.m. to 6 p.m., Saturday and Sunday, closed
Tim Hortons - 1st Floor Peter Gilgan Patient Care Tower
Monday to Friday, 7 a.m. to 11 p.m.
Saturday and Sunday, 8 a.m. to 4 p.m.

Quesada 1st Floor Peter Gilgan Patient Care Tower
Monday to Friday, 11 a.m. to 3:30 p.m. Closed weekends

Subway Li Ka Shing
Monday to Friday, 9 a.m. to 7 p.m.
Saturday, 11 a.m. to 6 p.m., closed Sunday

Starbucks – Li Ka Shing
Monday to Friday, 7:30 a.m. to 3:30 p.m.
Weekends, closed
Sunnybrook:

Sections of the M wing food court are open 24 hours, these include Second Cup and the grab & go Market Express area.

**Second cup:** 23 Hours a day (closed 3 a.m. to 4 a.m.).

**Swiss Chalet:**
Hours: Monday to Friday - 11 a.m. to 7:30 p.m.
Weekends - 11 a.m. to 7 p.m.

**Pizza Pizza:**
Reduced hours: Monday to Friday - 11 a.m. to 5 p.m.
Weekends - Closed

**IMPORTANT:** M WING Swiss Chalet will be offering halal chicken during Ramadan and Pizza Pizza currently uses halal chicken on the pizzas. There are also vegetarian options at all stations that are suitable for customers requiring halal.

Right now the chicken at both of these vendors are halal. But they don't know when that will change based on the supplier. **Learners are encouraged to ask.** Vendors are also requested to inform their staff of this information regarding their meats, in case they get inquiries from learners.

**Harlequins will feature halal options at the Healthy Kitchen station** when available which will be posted on the online menu.

**Extreme Pita**
Hours: Monday to Friday - 7 a.m. to 6 p.m.
Weekends - 11 a.m. to 6 p.m.

**PurBlendz**
Hours: Monday to Friday - 7 a.m. to 6 p.m.
Weekends - 11 a.m. to 6 p.m.

**C-Wing first floor Tim Hortons**
Hours: Monday to Friday, 7 a.m. to 5 p.m.
Baked goods
Hot & cold beverages

[https://sunnybrook.ca/content/?page=care-serv-food-retail](https://sunnybrook.ca/content/?page=care-serv-food-retail)
MSH:

Thai Express: Mon-Fri 11:00 a.m. to 3:00 p.m.

UNaru Sushi: Mon-Fri 8:00 a.m. to 6:30 p.m.
Sat & Sun 8:00 a.m. to 3:00 p.m.

Bar Burrito: Mon-Fri 10:30 a.m. to 6:00 p.m.
Sat & Sun 10:30 a.m. to 3:00 p.m.

Aroma: Mon-Fri 6:30 a.m. to 7:30 p.m.
Sat & Sun 8:00 a.m. to 3:00 p.m.

MeVaMe: Mon-Fri 11:00 a.m. to 8:00 p.m.
Sat & Sun 12:00 a.m. to 6:00 p.m.

Second Cup: Mon-Sun 6:00 am to 9:00 p.m.