

International Day for the Elimination of Violence against Women

November 25, 2022

"Signal for Help."



Canadian Women's Foundation developed the signal during the pandemic so that victims of domestic abuse could discreetly ask for help without alerting their abusers or leaving a digital trace.

IF YOU SEE THE SIGNAL



If it is safe to do so, carefully ask questions that can be answered with "yes" or "no".

Use another form of communication such as text, social media, WhatsApp, or email and ask general questions.

If you assess that they are in immediate danger, **call 911** or your local emergency services.

Facts on Gender-Based Violence (GBV)

While violence affects people of all genders, ages, faith groups, cultures, ethnicities, geographic locations, and socio-economic backgrounds, populations at most risk of GBV include:

- women aged 15 to 24
- Indigenous women,
- Women who identify as lesbian or bisexual, and transgender people
- women living in Northern, rural, and remote communities, and
- women living with disabilities.
- Immigrant women