

# The Faculty of Medicine's

## 17<sup>th</sup> Annual Education Achievement Celebration



UNIVERSITY OF  
TORONTO

# WELCOME

We are pleased to welcome you to the Faculty of Medicine's 17<sup>th</sup> Annual Education Achievement Celebration! We are always thrilled to gather as a community to celebrate excellence in teaching and mentorship, innovation and education scholarship across our Faculty.

Our faculty members, learners and staff continue to make not only important, but impactful contributions across all educational domains. From undergraduate medical education to continuing professional development, it is our collective commitment to educational excellence that is truly inspiring.

This year's C. I. Whiteside Education Achievement Keynote Address will be delivered by Dr. Pier Bryden, Vice-Chair, Education, Department of Psychiatry, and Director, Program Integration, MD Program. We are delighted that she will present on "Humans of the Faculty of Medicine: A Tale of Disruption and Hope in Turbulent Times".

Thank you for joining us to celebrate the tremendous contributions being made throughout the Faculty of Medicine at the University of Toronto.



**Patricia Houston**

Vice-Dean, MD Program



**Allan Kaplan**

Vice-Dean, Graduate and Academic Affairs



**Sal Spadafora**

Vice-Dean, Post MD Education

# ACKNOWLEDGMENTS

Thank you to **Livia Coburn** and **Cassandra Leshchyshyn** for sharing their musical talents with us.

Thank you to the award selection committees and event organizers who have generously given their time and energy to make this event possible.

Sincere thanks to the student, peer and colleague nominators for helping us to recognize outstanding achievements across our Faculty.

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# C. I. Whiteside Education Achievement

## KEYNOTE ADDRESS

**Dr. Pier Bryden** M.Phil, MD, FRCPC

Vice-Chair, Education, Department of Psychiatry  
Director, Program Integration, MD Program



### ***“Humans of the Faculty of Medicine: A Tale of Disruption and Hope in Turbulent Times”***

#### **About Dr. Pier Bryden**

Dr. Pier Bryden has been a staff psychiatrist at Sick Kids since 2001. She is a graduate of the University of Toronto, the University of Oxford, and McMaster University. She has subspecialty certification in Child and Adolescent Psychiatry with the Royal College of Physicians & Surgeons of Canada. Additionally, Dr. Bryden is an Associate Professor at the University of Toronto, where she was a 2018 Recipient of the University's prestigious President's Teaching Award which recognizes sustained excellence in teaching, research in teaching, and the integration of teaching and research.

Dr. Bryden is the Vice Chair, Education, for the Department of Psychiatry, and the Director of Program Integration for the MD Program at the University of Toronto. Between 2013 and 2017, she was the Preclerkship Director for the MD Program where she co-led the most extensive curriculum renewal the program had experienced since 1992. Between 2009 and 2013, she was Faculty Lead, Ethics and Professionalism in the

MD Program where she conceptualized and piloted what is now the Portfolio Course.

Dr. Bryden is Chair of the Medical Council of Canada's Central Examination Committee and she also sits on the Royal College of Physicians and Surgeons' History and Heritage Committee.

Dr. Bryden's academic publications include papers on medical education, medical professionalism, and ethical and legal aspects of child psychiatry. She is the co-author, with Dr. David Goldbloom, of a popular book on psychiatry, "How Can I Help: A Week in my Life as a Psychiatrist", which was a Canadian non-fiction bestseller, and nominated as one of ten books all Ontarians should read in 2017 by the Ontario Library Association. "How Can I Help" has also been published in French and Chinese language editions. She is currently co-writing, with Dr. Peter Szatmari, a second book for Simon and Schuster on children's mental health to be published in March 2020.

# MD PROGRAM AWARDS

## W. T. Aikins Awards

These awards are named after William Thomas Aikins, the first Dean of the Faculty of Medicine after its reorganization in 1887. They are the Faculty's most prestigious awards in the MD Program. They were established to recognize and formally reward outstanding teachers in the areas of Individual Teaching Performance (Foundations and Clerkship), Development and Use of Educational Innovations, and Course / Program Development and Coordination. Recipients of these awards have significantly contributed to high-quality undergraduate teaching by establishing and integrating new and effective methods of instruction into the curriculum.

## W. T. Aikins Award – Excellence in Individual Teaching Performance - Foundations

### **Joyce Nyhof-Young** MSc, PhD

Department of Family and Community Medicine

Dr. Joyce Nyhof-Young is a social scientist with a Ph.D. in Curriculum Teaching and Learning from the Ontario Institute for Studies in Education at the University of Toronto. She is a qualitative and mixed methods education scientist, medical educator and curriculum evaluation coordinator in the Office of Assessment and Evaluation in the MD Program at the University of Toronto. She is an Associate Professor of Family and Community Medicine and an education scientist in the department's Office of Educational Scholarship and the Family Practice Units of Women's College Hospital and



Toronto Western Hospital. She promotes educational scholarship with health professions trainees and clinician teachers in family medicine and the MD Program through mentorship, and innovative program development and evaluation. She also supports health in local vulnerable communities by working with health professions students and community agencies in participatory, community based program development.

## **Reflection**

Do what gives you joy and fulfillment and makes you excited to go to work in the morning! Working with students is one of my joys as a faculty member, and I am so thankful for my opportunities to do so over the past 20 years.

## **W. T. Aikins Award – Excellence in Individual Teaching Performance - Clerkship**

**Fayez A. Quereshy** MD, MBA, FRCSC, FACS  
Department of Surgery

Dr. Fayez A. Quereshy is a Surgical Oncologist and Minimally Invasive Surgeon at the University Health Network and is an active member of the Princess Margaret Cancer Program. His specialty interest focuses on gastrointestinal malignancies and colorectal cancer. Dr. Quereshy completed his residency training in General Surgery, and his fellowship in Surgical Oncology, at the University of Toronto. He received his Master's degree in Business Administration (MBA) at the Rotman School of Management. He subsequently pursued advanced Robotic Colorectal training at the Queen Mary Hospital, University of Hong Kong. His academic interests center on operations management and systems efficiency, with the aim of improving cost effectiveness and quality of

care. Dr. Quereshy is an Associate Professor in the Department of Surgery at the University of Toronto.

## **Reflection**

It has been an absolute privilege to participate in the education and training of our students. Their curiosity, enthusiasm, and passion for learning make a career in clinical medicine dynamic and exciting. To look at the world through the eyes of a learner unlocks the impossible, clears a path for discovery, and advances our understanding of medicine and science.

## **W. T. Aikins Award – Excellence in Development and Use of Educational Innovations**

**Jory Simpson** MD, MEd, FRCSC  
Department of Surgery

Dr. Jory Simpson obtained his undergraduate degree in Psychology from McGill University and then completed medical school at the University of British Columbia in 2006. He subsequently went on to complete his General Surgery residency training at the University of Toronto. He became a Fellow of the Royal College of Physicians and Surgeons in 2011. Dr. Simpson completed a Canadian Breast Cancer Foundation funded clinical fellowship in Breast Surgical Oncology. His clinical practice is focused on providing care to patients with both benign and malignant breast diseases. His academic and research interest is in surgical education and he completed his Master's degree in Education from the Ontario Institute for Studies in Education with a focus on Adult Education and Community Development. He is currently the Assistant Medical Director of the CIBC Breast Centre at St. Michael's Hospital and Undergraduate Director

of General Surgery. He is an Assistant Professor within the Department of Surgery at the University of Toronto.

## **Reflection**

"The successful teacher is no longer on a height, pumping knowledge at high pressure into passive receptacles but rather a senior student anxious to help juniors" Sir William Osler

## **W. T. Aikins Award – Excellence in Course/Program Development and Coordination**

**Marcus Law** MD, MBA, MEd, CCFP, FCFP  
Department of Family and Community Medicine

Dr. Marcus Law is an Associate Professor in the Department of Family and Community Medicine, the current Director of Foundations in the MD Program, as well as a Wilson Centre Researcher. He is also currently an Academic Educator at the Centre for Faculty Development in the Faculty of Medicine and the Director of Medical Education at Michael Garron Hospital. He completed an MBA at the W.P. Carey School of Business, and a Master of Education at the University of Toronto. He is a graduate of the Harvard Macy Institute Program for Leading Innovation in Healthcare Education, and the Rotman School of Management Advanced Health Leadership Program. His academic work and research program focus on the translation of our understanding of the development of expertise by medical students into effective educational design, and the implementation of theory informed large-scale curricular redevelopment in medical schools.

## Reflection

“Skate to where the puck is going, not where it has been.” –  
Wayne Gretsky

## Miriam Rossi Award for Health Equity in Undergraduate Medical Education

The Miriam Rossi Award for Health Equity in Undergraduate Medical Education aims to recognize University of Toronto MD Program faculty members for their commitment to diversity and health equity in undergraduate medical education. The award is named after Dr. Miriam Rossi, a pediatrician, teaching faculty, and former Associate Dean of Student Affairs in the Faculty of Medicine, University of Toronto, and a strong advocate and mentor for minorities. It was established in 2017 in recognition of Dr. Rossi's outstanding contributions to health equity in medical education. Dr. Rossi led several initiatives to improve diversity in the U of T medical school, in particular the creation of the Summer Mentorship Program (SMP), established to encourage young Black and Aboriginal students, who are under-represented in medicine, to pursue careers in the health sciences. Like many of her contributions, the SMP was developed to help improve equity in the field of medicine, healthcare and society as a whole.

**Mitesh Patel** MD, FRCPC  
Department of Psychiatry

Dr. Mitesh Patel is a forensic psychiatrist in child and adolescent psychiatry at the Centre for Addiction and Mental Health (CAMH) and Inner City Health Associates at St. Michael's Hospital. Dr. Patel has dedicated his clinical

practice to improving and supporting health outcomes for youth raised in high risk populations. His educational work has endeavored to improve and facilitate community based service learning models to advance experiential learning for students to learn first-hand about various social determinants of health. Dr. Patel works with high risk populations in hospital settings, court rooms and incarceration centers, and is the consultant psychiatrist for the Children's Aid Society of Toronto and also provides outreach services to two youth shelters. He leads various initiatives related to improving mental health outcomes for high-risk populations.

## **Reflection**

Medical students will shape the future of medicine and our communities. As a Medical Educator, I want to empower learners to think beyond the classroom and clinics to actively engage community partners and lead change; change that improves our society and health outcomes for our most vulnerable. From the moment of entry into medical school, every student comes with amazing potential and I want to help them achieve an active role in their communities. We are continuously confronted with injustice and inequity, even within Medicine. When we empower our youngest learners, we can see great change. There is so much to do in healthcare and change to lobby for! Thank you for this award, but the recognition should go to those students who strive to do things differently and lead initiatives that bring about change.

# MD Program Equity Theme Leads (Team)

**Onye Nnorom** MDCM, CCFP, MPH, FRCPC  
Department of Family and Community Medicine

Dr. Onye Nnorom is a family doctor and a Public Health & Preventive Medicine specialist. She is the Associate Program Director of the Public Health & Preventive Medicine Residency Program at the University of Toronto, and is the Black Health Theme Lead for the Faculty of Medicine at the University of Toronto. As the Black Health Theme Lead, she is tasked with developing educational content for teaching medical students about Black Canadian health, and inequities due to systemic racism. She is also a clinical consultant for the Nicotine Dependence Clinic at Centre for Addiction and Mental Health. Dr. Nnorom completed her medical degree at McGill University and then completed a Masters of Public Health (Epidemiology) and residency training at the University of Toronto. Being of Nigerian and Trinidadian heritage, she is particularly interested in Black community health and wellness, and racism as a social determinant of health.

## Reflection

I've only just begun my journey as an educator but I am so deeply honored and grateful to work with such a phenomenal team, devoted to health equity, and helping me grow and learn each day.

**James Owen** MD, CCFP  
Department of Family and Community Medicine

Dr. James Owen is a family physician at St Michael's Hospital and an Assistant Professor in the Department of Family and

Community Medicine at the University of Toronto. He is the LGBTQ2S Health Theme Lead for the MD Program at the University of Toronto, and the course director for “Complexity and Chronicity” in the second year of the MD Program's Foundations Curriculum. His clinical practice focuses on HIV primary care and prevention, LGBTQ2S health, and the care of vulnerable populations. Dr. Owen is a member of the Board of Directors of Casey House Hospital and the Casey House Foundation. He originally hails from the small northern community of Wawa, Ontario.

## **Jason Pennington** MD, MSc, FRCSC

Department of Surgery

Dr. Jason Pennington, is a medical school graduate of the University of Toronto, Staff Surgeon at the Scarborough Health Network, and Assistant Professor, Department of Surgery, at the University of Toronto. In addition to a busy general surgical practice Dr. Pennington is the Region Indigenous Cancer Lead for the Central East Regional Cancer Program and is a member of the Huron-Wendat Nation. Dr. Pennington is also an Indigenous Faculty Co-Lead in the Faculty of Medicine.

## **Lisa Richardson** MD, MA, FRCPC

Department of Medicine

Dr. Lisa Richardson is a clinician-educator in the University of Toronto's Division of General Internal Medicine, and practices at the University Health Network. Her academic interest lies in the integration of critical and Indigenous perspectives into medical education and she is an education researcher at The Wilson Centre. She holds the roles of Strategic Advisor in Indigenous Health for the University of Toronto's Faculty of Medicine and is also the Indigenous Strategy Lead for Women's College Hospital.

She co-leads a new portfolio for the Department of Medicine called *Person-Centered Care Education*. She chairs several provincial and national committees to advance Indigenous medical education, and has been honoured with the Royal College of Physicians and Surgeons' Thomas Dignan Award for Indigenous Health.

## Norman Rosenblum Award for Excellence in Mentorship in the MD/PhD Program

The Norman Rosenblum Award for Excellence in Mentorship in the MD/PhD Program was established in 2018 in recognition of Dr. Rosenblum's tenure as Associate Dean, Physician Scientist Training in the Faculty of Medicine, University of Toronto and his outstanding contributions to the mentoring of MD/PhD students. The award recognizes staff or faculty members who exhibit an exemplary level of leadership and commitment to mentorship and role modeling for MD/PhD students in the Faculty of Medicine. This year, this award is shared between two faculty members.

## **Corwyn Rowsell** BSc, MD, FRCPC, FCAP

Department of Laboratory Medicine and Pathobiology

Dr. Corwyn Rowsell graduated from the University of Toronto MD Program in 2000, after which he entered General Surgery residency. After an elective experience at St. Michael's Hospital, he became fascinated by the practice of pathology, and transferred to the Anatomical Pathology program in 2003. Upon completion of residency, he joined the pathology staff at Sunnybrook Health Sciences Centre where he developed academic interests in gastrointestinal



pathology, neuroendocrine tumours, and quality assurance. He has been an enthusiastic contributor to undergraduate MD education through giving lectures, leading small group tutorials, and providing shadowing and elective opportunities to medical students. Since joining St. Michael's Hospital in 2016, he has increased his commitment to the MD program and is now the Undergraduate Medical Education Coordinator for the Department of Laboratory Medicine and Pathobiology. It was at a small group teaching session that he was first approached by an MD/PhD candidate to be involved in a project, and it has been a tremendously rewarding experience for him to be able to provide support and mentorship in this context.

## Reflection

"What you see and what you hear depends a good deal on where you are standing. It also depends on what sort of person you are". C.S. Lewis

**Catherine J. Streutker** MD, MSc, FRCPC  
Department of Laboratory Medicine and Pathobiology

Dr. Catherine Streutker obtained her BSc at the University of Waterloo in the Co-operative program in Biochemistry (1989). She then earned a Master's degree in Clinical Biochemistry at the University of Toronto (1991). Upon completion of a Master's degree, followed by earning an MD degree from the University of Toronto, she was accepted into the Anatomic Pathology Residency program, which she completed in 1999. After this, she completed a two year fellowship in Gastrointestinal Pathology with Dr. R. Riddell at McMaster University. In 2001, she joined St Michael's Hospital and the Department of Laboratory Medicine and Pathobiology at the University of Toronto as a gastrointestinal pathologist. Her research interests are primarily mucosal

immunology, Barrett's esophagus and tumours of the upper gastrointestinal tract. She is presently the Deputy Chief of Laboratory Medicine group at St. Michael's Hospital and Vice Chair of Promotions and Mentorship at the University of Toronto.

## Health Sciences Research - Teaching Excellence Award

The HSR Teaching Excellence Award recognizes individual tutors in the Health Science Research component in the MD Program whose teaching practice is exemplary and inspiring. This year's recipient shows an outstanding ability to impart knowledge, work together with students and invoke research enthusiasm and participation.

### **Richard A. Wells** MD, D.Phil., FRCP(C)

Department of Medicine

Dr. Richard Wells is a Newfoundlander. After graduating with his MD at Memorial University of Newfoundland he attended Oxford University as a Rhodes Scholar, where he earned a doctorate in molecular genetics. Following a postdoctoral fellowship studying telomere structure at Yale University he completed residencies in Internal Medicine and Haematology at the University of Toronto, after which he undertook further laboratory postdoctoral research fellowships in acute leukaemia (at U of T) and haematopoiesis (at Harvard University) before finally taking a position as a clinician scientist in Toronto. He joined the Faculty of Medicine at the University of Toronto in 2000, and since 2005 he has worked as a staff haematologist at the Odette Cancer Centre, Sunnybrook Health Science Centre. His clinical work is in the area bone marrow failure,

encompassing myelodysplastic syndrome, aplastic anaemia, and paroxysmal nocturnal haemoglobinuria, with a growing practice in acute leukaemia. Over time his research portfolio has migrated from fundamental bench science to clinical science in these diseases. Over the past ten years he has also developed a strong interest in medical education. In addition to serving as Director of the GIM rotation in Haematology at Sunnybrook, he provides lectures in the first-year ITM and CPC-1 courses and has been a tutor for HSR since its inception.

## **Reflection**

To teach in the Faculty of Medicine is to be exposed regularly to a community of fantastically eager and searching minds. I never have to hide my enthusiasm for science and medicine or feel alone in thinking that physicians are very privileged to care for and help patients. The medical students remind me of this in every lecture and tutorial and it is wonderful to encourage them and be encouraged by them that what we do is worthwhile.

# UNDERGRADUATE TEACHING AWARDS IN LIFE SCIENCES

Graduate and Life Sciences Education (GLSE), in partnership with the Basic Sciences Departments and Institutes within the Faculty of Medicine, honour outstanding and sustained contributions by faculty members to undergraduate Arts and Science teaching, and the undergraduate experience in Life Sciences.

## Excellence in Undergraduate Teaching in Life Sciences

This award recognizes sustained excellence in teaching, coordination and/or development of an undergraduate lecture or seminar course in Arts and Science offered by the Basic Sciences Departments of the Faculty of Medicine.

**Denis Collier** RD, MSc, CSEP-CEP  
Department of Nutritional Sciences

The caption under Denis Collier's picture in his high school year book reads: "Future ambition: To have a career in fitness & nutrition". To this end, he attended Memorial University of Newfoundland where he obtained a Bachelor of Science degree with a specialty in dietetics. He has been registered with the College of Dietitians of Ontario since 2002. In 2003 he obtained a Master's degree in Kinesiology from Lakehead University. It was also here where he earned the designation as a Certified Exercise Physiologist. In his private practice he has offered nutrition consulting services to organizations such as Hockey Canada's national women's developmental program and the athlete's village

of the Toronto Pan Am Games. But it was not until 2013 when he took up the family business: teaching. Mr. Collier's father, mother, brother and even his sister-in-law are all teachers. Since entering the classroom, he has taught dozens of courses and over a thousand students at Humber College, the University of Guelph-Humber and the University of Toronto.

## Excellence in Linking Undergraduate Teaching to Research in Life Sciences

This award recognizes sustained excellence, mentorship and innovative methods that link undergraduate teaching to experiential research opportunities such as research project courses, summer student research projects or equivalent programs.

### **Rebecca Laposa** PhD

Department of Pharmacology and Toxicology

Dr. Rebecca Laposa is a strong proponent of empowering learners in the biomedical innovation space, with a focus on drug development. Her popular 500-student first-year breadth course, "The Art of Drug Discovery" trains tomorrow's citizen scientists. In the 4th year course, "Pharmacology and Toxicology in Drug Development, she co-teaches with pharmaceutical industry professionals to provide in-depth authentic instruction and deliverables. Dr. Laposa is the coordinator for the Department's senior undergraduate research project courses, and has revised this course to include an end-of-term poster day as well reflective writing assignments so that students can look inwards to examine the process of becoming a scientist. In her laboratory, Dr. Laposa has active Pharmacology research projects and has mentored numerous undergraduate students over a

decade, through national studentships from NSERC and the Stem Cell Network of Canada. She is the Department's Lead for Industry Partnerships and the academic liaison for the Professional Experience Year, a year-long co-op program between years 3 and 4.

Dr. Laposa is a recent LEAF (Learning and Education Advancement Fund) awardee in a team of Faculty of Medicine teaching faculty for a large project "Advancing Biomedical Discoveries through Experiential and Integrated Learning". The team project includes the launch of two new courses across Departments with new JBM (Joint Biomedical) course codes. Dr. Laposa will be the lead for the new "Biomedical Incubator Capstone Project", the first incubator course in the Faculty of Medicine. Here, students discover what it is like to be part of a biomedical innovation team in a simulated small business/incubator setting under the guidance of a faculty mentor.

# GRADUATE FACULTY TEACHING AWARDS

The purpose of the Graduate Faculty teaching Awards is to honour and celebrate outstanding contributions to graduate education by faculty in the Faculty of Medicine who teach in doctoral stream or professional graduate programs. There are three categories: Early Career Excellence in Graduate Teaching and Mentorship, Mid-Career Excellence in Graduate Teaching and Mentorship, and Sustained Excellence in Graduate Teaching and Mentorship.

## Early Career Excellence in Graduate Teaching and Mentorship

This award recognizes contributions to the training and experience of graduate students by faculty members within five years of their academic appointment. These contributions are evidenced by excellence in teaching, supervision or mentorship, and dedication to students.

### **Walter Swardfager** PhD

Department of Pharmacology and Toxicology

Dr. Walter Swardfager pursued his Bachelor's degree in Biochemistry at the University of Waterloo, and his PhD in Pharmacology at the University of Toronto. In 2015, he began his independent research with concurrent appointments as an Assistant Professor in the Department of Pharmacology & Toxicology, and as a Scientist at Sunnybrook Research Institute. His research focuses on understanding the contributions of cerebrovascular disease

to mood and cognitive disorders. His work involves clinical neuropsychological, neuroimaging and metabolomics studies of patients with type 2 diabetes, depression and dementia, with the aim to identify novel inflammatory, metabolic and neuroendocrine biomarkers that inform disease processes and implicate potential treatments.

## **Reflection**

The most rewarding discoveries I have made as a scientist have been the unique talents and capabilities of the young scholars in my lab. I am fortunate to have the opportunity to nurture these talents, and to provide opportunities for them to translate into new insights.

## **Mid-Career Excellence in Graduate Teaching and Mentorship**

This award was established in 2002 to recognize sustained contribution to graduate student mentorship exemplified by, but not limited to: major involvement in graduate student learning, enthusiastic and empathic critical appraisal of students' work, timely assessment of students' research programs including program advisory committee meetings and prompt turnaround of written work, and careful attention to a critical path laid out for students' research.

## **Cindi Morshead** PhD

Department of Surgery

Dr. Cindi Morshead is a Professor in the Department of Surgery and the Chair of the Division of Anatomy at the University of Toronto. Her area of expertise is in stem cell biology and the field of adult neural stem cells. As a neurobiologist, Dr. Morshead's interests lie in developing novel regenerative medicine strategies to treat the injured



central nervous system. She has an outstanding team of 25 top-notch researchers and trainees in her lab who are tackling big questions related to impact of aging, neurodegenerative disease and injury that lead to physical and cognitive impairments. Dr. Morshead has a long history with the University of Toronto as both an undergraduate and graduate student, and faculty member. She did her PhD in Derek Van der Kooy's lab where she received excellent mentorship and was able to pursue her passion for science. Dr. Morshead now considers one of the best parts of her job to be working with trainees and the graduate community. She has supervised many students over the years, and was a Graduate Coordinator at the Institute of Medical Science (IMS) from 2012–2016. During her tenure at the IMS, she also served as Chair of Recruitment and IMS Scientific Day and as an Admissions Committee member. Her experience enabled her to work in creative teams to build opportunities for student engagement and most importantly, she worked to keep the unique needs of individual students at the forefront. Whether it be mentoring students in her own lab, or the lab of colleagues, or teaching graduate and undergraduate courses for students pursuing their interests in neuroscience and regenerative medicine, she takes great pride in seeing students grow and prosper in their chosen fields.

## Sustained Excellence in Graduate Teaching and Mentorship

The Sustained Excellence in Graduate Teaching award was established in 2002 in an effort to recognize sustained contribution to any aspect of graduate teaching including a course, curriculum development, graduate program administration, graduate student supervision or academic role modeling, for more than fifteen years.

## **Denise D. Belsham** PhD

Departments of Physiology, Medicine and Obstetrics and Gynecology

Dr. Denise Belsham is a Professor of Physiology, Medicine and OB/GYN. Over her 22 years at the University of Toronto, she has served as the Graduate Coordinator, Academic Vice Chair, and Acting Chair of the Department of Physiology, contributing to the enhancement and expansion of the graduate program in Physiology. She has also been instrumental in the development of a new MHSc in Medical Physiology. Importantly, she has trained over 125 people in her laboratory, including 36 graduate students, as well as 11 post-doctoral fellows and 67 undergraduate students. She is particularly proud that many of her trainees have been young women, well poised to pursue advanced scientific careers for which she serves as a role model. This is due to the combination of an exceptional scientific program in neuroendocrinology, her success as an elite female entrepreneur with two successful start-up companies, as well as raising twin boys over the past 18 years.

### **Reflection**

The most gratifying part of being a mentor to young scientists is observing the profound growth, both professionally and personally, that occurs during this influential stage of their lives. The exposure to the scientific process, with the ups and downs, and all of the realities of being a scientist, strengthens their character and prepares them for any future opportunities and challenges. My own PhD supervisor often said that the proof of a successful mentor is when the student surpasses the teacher – I hope to witness this outcome for all of my trainees.

# EXCELLENCE IN COMMUNITY-BASED TEACHING AWARDS

Established by the Faculty of Medicine in 2012 these awards recognize the significant contribution of an increasing number of University of Toronto community-based teachers to the learning of medical students and residents. The first award recognizes excellence in community-based clinical teaching in a community hospital, the second award recognizes excellence in community-based clinical teaching in a clinic or office setting, and the third award recognizes sustained excellence in community-based clinical teaching.

## Excellence in Community-Based Teaching (Community Hospital)

**Brian Yau** MD, FRCPC  
Department of Anesthesia

Dr. Brian Yau is a staff anesthesiologist at North York General Hospital, and a clinician-teacher in the Department of Anesthesia. He obtained his medical degree at McMaster University, and completed his anesthesia residency training at the University of Toronto. He has an interest in regional anesthesia and medical education, and enjoys teaching trainees in the operating room using video review and hands-on models to enhance learning. Outside of clinical medicine, Dr. Yau has an interest in health information technology, and aims to bridge the gap between technology and medicine to modernize patient care.

## Reflection

It feels like residency was just yesterday, where I had the opportunity to learn from many skilled educators, and I am grateful to have them now as supportive colleagues. I look forward to passing many of the valuable learning opportunities I had on to future generations of learners.

## Excellence in Community-Based Teaching (Clinic/Office/Practice)

**Sherri Baine** MD, FRCP(C)

Department of Pediatrics

Dr. Sherri Baine trained in Pediatrics at The Hospital for Sick Children and studied medicine at McMaster University. She had additional training at Holland Bloorview and received her Developmental Paediatric Fellowship through the department of Neurology at The Hospital for Sick Children. Dr. Baine has been on staff at Holland Bloorview Kids Rehabilitation Hospital in the Acquired Brain Injury Program, on staff at North York General Hospital Department of Pediatrics and the Emergency Department at The Hospital for Sick Children.

## Reflection

As a Developmental Paediatrician, I am still excited by the massive amount of cognitive, behaviour and social learning that unfolds in our paediatric patients. Our medical students also blossom in a predictable pattern as they too develop cognitive, behaviour and social skills to become capable and caring physicians. Show them what the next developmental gain looks like, the next level of sophistication. Give them the opportunity to practice and

reach each next goal. Then tell them when they've "got it"! Competence grows confidence. This is the excitement of good learning for both the teacher and student. A big thank you to my parents who both valued education and helped me achieve my dreams of becoming a Paediatrician. I have had tremendous meaning and personal fulfillment teaching medical students, residents and fellows in these settings over the years as well as teaching in my private practice. A special thank you to my teachers over the years and most especially Dr. Peter Rosenbaum and Dr. Diana Mills- Tetley. Another special thank you to my husband Stan and children Josh, Eliya, Jacob, David and Yoni.

## Excellence in Community-Based Teaching (Sustained Excellence)

**Risa Bordman** MD, CCFP (PC), FCFP  
Department of Family and Community Medicine

Dr. Risa Bordman is a community-based family physician in Scarborough and a home palliative care provider with the Freeman Centre for the Advancement of Palliative Care at North York General Hospital. She began teaching Family Medicine Residents in her office in 1992 when the University brought its residency program to the Scarborough General Hospital. From teaching one Resident for two years she has expanded to teach FMLE students, clerks, electives and selective students. Her clinical teaching experience has led to leadership positions as a Hospital Program Director in Undergraduate, Postgraduate and Professional Development. Currently at the Department of Family and Community Medicine, she is the Office of Education Scholarship Faculty Development liaison and co-chair of the Division of Palliative Care Education Committee. Through the former she has mentored many faculty to start their

education scholarship journey and with the latter, she has helped create Foundations curriculum and enhance clerkship learning in Palliative Care. With all her roles the aspect that Dr. Bordman enjoys the most is her relationships with and the opportunities to support the students she works with. As much as possible she involves students in innovations she is working on from curriculum development to trying out what material makes the best endometrial lining (answer is Lansoyl-not tomato paste). Working in the community in a one-on-one teaching model has allowed her to develop longitudinal relationships that are truly a privilege to be part of. Recently in her office, a patient with a viral cold was seen by a second-year student. With a bit of guidance, the student saw the tympanic membrane for the first time. They were so excited they thanked the patient. Having a student work with you means you will never be bored. They will always find something interesting to make you think and reflect how privileged we are to be physicians and educators.

# POSTGRADUATE MEDICAL EDUCATION AWARDS

Postgraduate Medical Education Awards recognize outstanding contributions of faculty members who teach medical residents and fellows; develop, organize and administer training programs; develop innovative approaches to teaching, research, and evaluation; or serve as mentors and advocates to postgraduate medical trainees.

## Excellence in Postgraduate Medical Education Award - Development and Innovation

Established in 2003 this award serves to recognize outstanding contributions of faculty members in program development, administration and innovation in postgraduate medical education.

**Joan E. Lipa** MD, MSc, FRCS(C), FACS  
Department of Surgery

Dr. Joan Lipa is an Associate Professor of Surgery in the Division of Plastic Surgery at the University of Toronto. Her practice in Complex Reconstruction at Sunnybrook Health Sciences Centre and the Odette Cancer Centre is focused on the spectrum of breast cancer reconstruction, and her research and teaching programs are aligned with this area of interest. She serves as the Senior Resident Education Lead for the Plastic Surgery Program at U of T, and supervises the Oncologic and Microvascular Reconstructive Surgery fellowship at Sunnybrook Health Sciences Centre. Dr. Lipa graduated from The University of Western Ontario in 1992,

and completed a Comprehensive Surgery Internship at The Toronto Hospital – General Division, followed by her Plastic Surgery Residency Training at the University of Toronto. During this time, she completed the Surgeon-Scientist Program to obtain her M.Sc. degree through the Institute of Medical Science at U of T. She then went on to The University of Texas M.D. Anderson Cancer Center in Houston, TX to complete her fellowship in Microvascular Surgery and Oncologic Reconstruction. After returning to Toronto in 2011, Dr. Lipa partnered with Dr. Laura Snell to develop the Breast Reconstruction and Oncologic Reconstructive Service at Sunnybrook Health Sciences Centre and the Odette Cancer Program. At the Louise Temerty Breast Cancer Centre they have focused on improving access to immediate breast reconstruction through coordinated multidisciplinary clinics, developing patient education programs, and advancing residency microsurgical skills training. When she is not working, she is trying to keep up with her 6 year old daughter, Renee, and her husband, Adriaan who is an avid golfer and an academic Cardiac Anaesthesiologist.

## **Reflection**

Teaching in Medicine and Surgery is a great responsibility – we shape the training of our future doctors before they start independent practice and have the responsibility of caring for us, as well as our future generations.

## **Veronica M.R. Wadey** MD, MA, FAOA, FRCSC

Department of Surgery

Dr. Veronica Wadey received an undergraduate degree in Physical and Health Education in 1984 followed by a degree in Education at The University of Toronto in 1986 and Master of Arts degree with a specialization in Athletic Therapy from Indiana State University in 1988. Dr. Wadey's first occupation



as an athletic therapist for 6 years with Team Canada Olympic Men's Volleyball concluded at the 1992 Olympics in Barcelona after completing 76 international tours in 28 different countries. From there, Dr. Wadey was admitted into the University of Calgary, Faculty of Medicine in 1993 and graduated in 1996. She successfully completed residency and fellowship in orthopaedics in Calgary, a fellowship in arthroplasty at Stanford University, and was the Medical Education Travelling Fellow for RCPSC before returning to Laval University to complete a fellowship in soft tissue reconstruction of the knee and research working with Canada's Research Chair in Rehabilitation. Dr. Wadey was recruited to Sunnybrook Health Sciences Centre/Holland Centre in 2007. Her clinical research is focused on the evaluation of gait and the rehabilitation approach to musculoskeletal disorders directed towards health system improvement and clinical outcomes in joint reconstruction surgery. She continues this collaboration currently at the Toronto Rehabilitation Institute.

## **Reflection**

I believe only three things are really required to enjoy a wonderful life: 1) A healthy body; 2) Something meaningful and productive to do in order to live and sustain life and 3) Someone or something to love. The rest are simply "bonuses"!

# Excellence in Postgraduate Medical Education Award - Teaching Performance, Mentorship and Advocacy

This award, also established in 2003, recognizes outstanding contributions of faculty members who demonstrate excellence in teaching and serve as mentors and advocates to postgraduate medical trainees. The award may acknowledge continuous or long- term excellence in instruction, career counseling, promotion of collegiality, or role modeling for postgraduate trainees.

**Jeannette Goguen** MD, MEd, FRCPC  
Department of Medicine

Dr. Jeannette Goguen graduated from the U of T MD Program in 1987 as a Silver Medalist, and then completed postgraduate training in internal medicine and in endocrinology at U of T, and a Master's Degree in Education at OISE. Since 2000, she has been a staff physician in the Division of Endocrinology at St. Michael's Hospital and is now an Associate Professor in the Department of Medicine. She teaches extensively to undergraduate and postgraduate learners. She has been a site director for endocrinology teaching, and was for 8 years the Postgraduate Program director at U of T for endocrinology. She also oversaw all of the subspecialty training programs for the Department of Medicine for 5 years. Since 2016, she has been the Program Director for the (Core) Internal Medicine training program. She is married to her classmate Dr. Martin Schreiber, and they have two wonderful adult children Miranda and Ted, who are both studying at U of T.

## Reflection

My overarching aim in all of my teaching and educational leadership activities is to foster a collaborative spirit in order to achieve the best possible environment for our learners to reach their full potential.

## **Peter Ferguson** MD, MSc, FRCSC, FAOA

Department of Surgery

Dr. Peter Ferguson is an orthopaedic oncologist at Mount Sinai and Princess Margaret Hospitals in Toronto. He is the former Program Director of Orthopaedic Surgery and is currently the Albert and Temmy Latner Professor and Chair of Orthopaedic Surgery at University of Toronto. He has won numerous teaching awards including the Robert Salter Award from the Division of Orthopaedic Surgery, the Bruce Tovee Undergraduate and Postgraduate Awards from the Department of Surgery, the WT Aikins Award from the Faculty of Medicine, the Award for Excellence in Postgraduate Medical Education (Development and Innovation) and the AMS Donald Richards Wilson Award by the Royal College of Physicians and Surgeons of Canada. He has authored over 160 publications in clinical outcomes of patients with sarcoma, surgical education and translational research in radiation effects on bone and soft tissue healing.

## Reflection

I think this award is really for my students and learners, because one can't be an effective teacher without interested and dedicated students.

# Social Responsibility Award in Postgraduate Medical Education

The Social Responsibility Award was established in 2015. This award recognizes the outstanding contributions of faculty members and residents in the development and/or implementation of socially responsible initiatives, programs or research related to postgraduate medical education. The purpose of the award is to emphasize the importance of social responsibility to postgraduate training and to acknowledge the leadership of specific individuals in helping Postgraduate Medical Education meet its social accountability mandate.

**Ashna Bowry** MBChB, CCFP, MSc, DTMH  
Department of Family and Community Medicine

Dr. Ashna Bowry is a family physician with the St. Michael's Hospital Academic Family Health Team, and Associate Staff Physician at Toronto General Hospital's Tropical Disease Unit and an Assistant Professor with the University of Toronto. Her clinical practice is focused on newcomer health and infectious disease, with a special interest in pediatrics. Dr. Bowry received her medical training at the University of Bristol, U.K., and completed her residency at St. Michael's Hospital in Toronto. She holds an MSc in International Health and Tropical Medicine from the London School of Hygiene and Tropical Medicine, and completed a Fellowship in Tropical Medicine at the University of Toronto. She is Course Director of the Concepts, Patients and Communities 2 Course in the undergraduate MD program at the University of Toronto. She also serves on the Board of Health for the City of Toronto, the Toronto Food Policy Council and is involved in advising local and international not-for-profit medical organizations. Dr. Bowry is passionate about

medical education, particularly in global health, and has been involved in collaborating with academic, government and community agencies to organize a coordinated response to the influx of Syrian refugees in the GTA.

## **Reflection**

Caring for vulnerable populations is a complex mélange of art and science, centered on mitigating health and social suffering. My greatest influences as an educator began as a child in Kenya, surrounded by health professionals who cared for me as a patient, with dignity and empathy. Through the eyes of my caregiver, I was exposed to the social, gender and health inequalities around me. She taught me that the most effective way to promote social responsibility is through education and advocacy. This has guided my role as an educator, both in Canada and abroad; observing, sharing, reflecting and guiding learners through their experiences, with humility, flexibility and compassion

## **Sarita Verma Award for Advocacy and Mentorship in Postgraduate Medicine**

The Sarita Verma Award for Advocacy and Mentorship in Postgraduate Medicine was established in 2010 and named after the former Vice Dean, PostMD Education (PGME). The award recognizes staff or faculty members who exhibit an exemplary level of leadership and commitment to social responsibility, mentorship, advocacy, and resident wellbeing.

## **Barbara Liu** MD, FRCPC, FRCP(Edin)

Department of Medicine

Since 2010, Dr. Barbara Liu has served as the Program Director for the geriatric medicine subspecialty training program. Under her leadership, she has successfully expanded the program size, while nurturing its graduates to successful careers in geriatrics. To enhance the resident educational experience without relying on industry sponsors, she has spearheaded a fund for geriatrics at the Department of Medicine. Together with the Mon Sheong Foundation, she helped establish an award for residents with outstanding performance and an expressed interest in geriatric medicine. This award honours the memory of her late father, Dr. S. F. Liu, also a geriatrician. As the executive director of the Regional Geriatric Program, she is passionate about improving care for frail older adults. She leads the senior friendly hospital/care strategy that has spread across all sectors of the healthcare system and throughout the province.

### **Reflection**

As a geriatrician, it is incumbent upon us to advocate for frail older adults in a healthcare system that is often unfavourable to their needs. As a learner who has benefited from the mentorship of faculty who had confidence in my abilities even as I doubted myself, I am inspired to give back. Simple acts of kindness can have an enduring impact, often in unexpected ways.

## **Robert Sheppard Award**

The Robert Sheppard Award for Health Equity and Social Justice was established in 2016 in honour of Dr. Robert

Sheppard who served as Associate Dean, Postgraduate Medicine. Dr. Sheppard was deeply committed to volunteering initiatives in his community after retiring from medicine. This award recognizes the outstanding contributions of faculty members and postgraduate trainees in the development and/or implementation of activities, programs or research related to social justice and health equity in faculty development or postgraduate medical education.

## **Meb Rashid** MD, CCFP

Department of Family and Community Medicine

Dr. Meb Rashid is the founder and medical director of the Crossroads Clinic, a clinic housed at Women's College Hospital that serves newly arrived refugees in Toronto. He is a co-founder of the Canadian Doctors for Refugee Care, an organization founded to advocate for refugees to access health insurance. He was on the steering committee of the CCIRH, a group that developed evidence based guidelines for the assessment of newly arrived immigrants and refugees. He also co-founded the Christie Refugee Health Clinic, a health clinic located in a refugee shelter. Dr. Rashid has brought together clinicians across Canada with an interest in refugee health through a web based project called the Canadian Refugee Health Network and through a group called the Refugee Health Network of Southern Ontario. He founded the Syrian Refugee Health Network to provide primary care to newly arrived Syrian refugees. Dr. Rashid is on staff at Women's College Hospital and is an Assistant Professor with the Department of Family and Community Medicine at the University of Toronto.

## **Reflection**

“Education is the most powerful weapon which you can use to change the world.” – Nelson Mandela

# CONTINUING PROFESSIONAL DEVELOPMENT AWARDS

The Continuing Professional Development (CPD) Awards recognize and celebrate the excellence, innovation and impact of the CPD community members through 8 different awards.

## Colin R. Woolf Awards

The Colin R. Woolf Awards were created to recognize outstanding contributions to continuing professional development. They recognize excellence in the following categories: program development and coordination, long term contributions to continuing professional development, and sustained excellence in teaching in continuing professional development.

## Colin R. Woolf Award for Excellence in Program Development and Coordination

This year, the team of Dr. Alison Freeland, Dr. Sanjeev Sockalingam and Dr. David Wiljer are the recipients of the Colin R. Woolf Award for Excellence in Program Development and Coordination.

## **Alison Freeland** MD, FRCPC

Department of Psychiatry

Dr. Alison Freeland is the Associate Dean of Medical Education (Regional) at the Faculty of Medicine, University of Toronto and Vice President of Quality, Education and Patient Relations at Trillium Health Partners, in Mississauga.



She is an Associate Professor with the Department of Psychiatry at the University of Toronto. Dr. Freeland's commitment to education and leadership has been a consistent theme throughout her career. She is Chair of the Professional Standards and Practice Committee, and the Choosing Wisely Working Group of the Canadian Psychiatric Association. She is currently a member of the Ontario's Consent and Capacity Board. She has been a member of Health Quality Ontario's Expert Advisory Panel on Schizophrenia Quality Standards and is a past President of the Ontario Psychiatric Association. Her clinical work is focused on providing care to people with serious mental illness and addictions. She has a passion to shape the future generation of health care providers to best serve patients and their families.

## **Reflection**

I am very grateful to the enthusiasm and dedication of our entire team and look forward to working with them to develop the online version of our modules to support spread and sustainability of team-based integrated care for our patients and families.

## **Sanjeev Sockalingam** MD, MHPE, FRCPC

Department of Psychiatry

Dr. Sanjeev Sockalingam is an Associate Professor of Psychiatry at the University of Toronto and Vice President, Education at the Centre for Addiction and Mental Health. He is currently the co-lead for the Extension for Community Healthcare Outcomes (ECHO) Ontario Mental Health at the Centre for Addiction and Mental Health and the University of Toronto, which is a provincial hub-and-spoke knowledge-sharing network model building mental health and addiction capacity in rural Ontario. He is the Director of

Curriculum Renewal for the Medical Psychiatry Alliance, systems and education initiative building capacity in integrated physical and mental health care. Dr. Sockalingam has >135 peer-reviewed publications and is a lead investigator on several peer-reviewed clinical and medical education grants. He has been the recipient of several national and international education awards.

## **Reflection**

As an educator, I am privileged to have the opportunity each day to make an impact the future of healthcare through engagement, partnership and capacity building across the learner continuum from UME to CPD.

## **David Wiljer** PhD

Department of Psychiatry

Dr. David Wiljer is a member of the community providing groundbreaking perspectives and inspiring contributions to digital health policy, management, education and evaluation. He is the Executive Director of Education, Technology & Innovation at the University Health Network, and former Senior Director of Transformational Education and Academic Advancement at CAMH. Dr. Wiljer is also an Associate Professor in the Department of Psychiatry, Faculty of Medicine and the Institute of Health Policy Management and Evaluation at the University of Toronto. He is a former President of the American Association of Cancer Education, and the current Chair of the Scholarship Committee for the Society for Academic Continuing Medical Education. Dr. Wiljer has led research and development projects that focus on putting knowledge into action by utilizing health information technologies and knowledge management approaches to promote lifelong learning and CPD. Through his research and scholarship, he also explores the impact of

digital technologies on patient partnerships and on high quality care.

## Colin R. Woolf Award for Long-Term Contributions to Continuing Professional Development

**Ivan Silver** MD, MEd, FRCPC

Department of Psychiatry

Dr. Ivan Silver is an internationally respected leader in interprofessional education and collaboration, continuing professional development, and faculty development. Over the last 10 years, Dr. Silver has served to further amplify both the presence and importance of CPD scholarship and the international reputations of the institutions in which he has worked – namely, the University of Toronto's Continuing Professional Development (CPD), the Centre for Faculty Development and the Centre for Addiction and Mental Health (CAMH). He was the inaugural Vice-President of Education at CAMH from 2012-2018. Prior to this, he was the Vice-Dean of CEPD (2005-2011) and the inaugural director of the Centre for Faculty Development in the Faculty of Medicine at the University of Toronto (2002-2009). Dr. Silver is a Professor in the Department of Psychiatry at the University of Toronto, and a geriatric psychiatrist in the outpatient department at CAMH. He continues his impactful education research and scholarship in the areas of feedback, professionalism, life-long learning, the imposter syndrome and continuing professional and faculty development.

# Colin R. Woolf Award for Sustained Excellence in Teaching of Continuing Professional Development

## **Andrea Waddell** MD, MEd, FRCPC

Department of Psychiatry

Dr. Andrea Waddell is a psychiatrist at the Centre for Addiction and Mental Health. She completed her medical degree and specialty training in psychiatry at the University of Toronto and was one of the Department's first Clinician Scientist trainees, completing a fellowship at the Wilson Centre for Research in Education and a master's degree in Theory and Policy Studies at the Ontario Institute for Studies in Education. Her clinical focus is in acute care and she has advanced training in quality improvement including her Lean Six Sigma Green Belt and certification through the National Association for Healthcare Quality. She has experience designing and implementing quality improvement initiatives both in healthcare and the broader public sector and is recognized as an enthusiastic and effective teacher of quality improvement.

### **Reflection**

"All work and no play doesn't just make Jill and Jack dull, it kills the potential of discovery, mastery, and openness to change and flexibility and it hinders innovation and invention." - Joline Godfrey

## Dave Davis Research Award

Dr. Dave Davis has had a long and distinguished career in Continuing Education at the University of Toronto. He was the Associate Dean of Continuing Education at the University of Toronto from 1994-2005, and laid the groundwork for the concept of evidence-based continuing professional development. The Dave Davis Research Award recognizes an outstanding completed research/scholarly project in Continuing Professional Development in the Faculty of Medicine.

This year, there are two co-recipients of the Dave Davis Research Award: Dr. Peter Selby and his project team, and the team of Dr. Clare Pain, Dr. Paula Ravitz, and Dr. Dawit Wondimagegn.

**Peter Selby** MBBS, CCFP, FCFP, MHSc, DipABAM, DFASAM  
Departments of Family and Community Medicine and Psychiatry

Dr. Peter Selby is the Chief of Medicine in Psychiatry Division and a Clinician Scientist at the Centre for Addiction and Mental Health (CAMH). He is a Professor in the Departments of Family and Community Medicine, Psychiatry, and the Dalla Lana School of Public Health at the University of Toronto. He is also a Clinician Scientist in the Department of Family and Community Medicine. His research focus is on innovative methods to understand and treat addictive behaviours and their comorbidities. He also uses technology to combine clinical medicine and public health methods to scale up and test health interventions. His cohort of 240,000 treated smokers in Ontario is an example. He is the Chair of the Medical Education Council for the American Society of Addiction Medicine. Dr. Selby mentors Fellows in Addiction

Medicine and Addiction Psychiatry, junior investigators and medical students. The use of innovative methods to communicate messages makes Dr. Selby a sought after speaker for various topics including addictive disorders, motivational interviewing, and health behavior change at individual and system levels.

### **Project Team Members**

Dr. Peter Selby	Principal Investigator
Dr. Dolly Baliunas	Project Scientist
Ms. Rosa Dragonetti	Project Director
Ms. Myra Fahim	Project Manager
Ms. Sheleza Ahad	Project Coordinator
Ms. Anna Ivanova	Research Coordinator
Ms. Elise Tanzini	Research Coordinator
Ms. Mathangee Lingam	Research Coordinator
Ms. Megan Barker	Education Specialist
Ms. Stephanie Duench	Education Specialist

**Clare Pain** MSc, FRCPC, DSc (Hons) AAU  
Department of Psychiatry

Dr. Clare Pain is an Associate Professor, Department of Psychiatry, University of Toronto, and Director of the Psychological Trauma Program, Mount Sinai Hospital, Toronto. In July 2014, she was awarded an honorary doctorate from Addis Ababa University (AAU) for her work to assist the development of psychiatry in Ethiopia. She consults at the Canadian Center for Victims of Torture, and the New Beginnings Clinic for refugee mental health in Toronto. She is the co-lead of the Toronto Addis Ababa Academic Collaboration (TAAAC), under which there are 24 educational partnerships between the University of Toronto and Addis Ababa University working to strengthen educational capacity and sustainability in post graduate

training at AAU. Her clinical focus is on the assessment and treatment of patients, including refugees, who continue to suffer from the effects of psychological trauma.

## Reflection

We are honoured to have received the Dave Davis CPD Award and sincerely grateful to our many Ethiopian colleagues, front-line primary care nurses, trainers, and patients who made the *Biaber Project* possible - to initiate and scale up screening, mental health access and treatment in Ethiopian primary care.

## Paula Ravitz MD, FRCPC

Department of Psychiatry

Dr. Paula Ravitz is an Associate Professor of Psychiatry and Director of the Psychotherapy, Humanities and Education Scholarship (PHES) Division in the Department of Psychiatry, University of Toronto, and holds the Morgan Firestone Psychotherapy Chair at the Mount Sinai Hospital. Her research, publications, clinical work and teaching have focused on depression, perinatal mental health, Interpersonal Psychotherapy (IPT), attachment theory, mentalizing, and knowledge translation of evidence-supported psychotherapy principles into practice. President Elect of the *International Society of Interpersonal Psychotherapy, ISIPT*, she has provided IPT training to front-line, interprofessional mental health providers across Canada, in China, Ethiopia, France, Israel, the U.K., and the U.S.. She has helped to adapt IPT for differing settings and providers including with Canadian public health nurses and for Ethiopian primary care. In addition, she co-edited with Robert Maunder a 6-book/DVD series, *Psychotherapy Essentials to Go*, for skills-based teaching of evidence-supported psychotherapies (2013, 2015. WW Norton; [www.psychotherapy.net](http://www.psychotherapy.net)).

## **Dawit Wondimagegn MD**

Department of Psychiatry

Dr. Dawit Wondimagegn is Chief Executive Director and Vice President for Addis Ababa University (AAU) where he is an Associate Professor of Psychiatry in the College of Health Sciences, School of Medicine. He is the former Director of Graduate Programs for the AAU College of Health Sciences in Ethiopia and a visiting professor at University of Toronto, Department of Psychiatry. Through his numerous activities as a clinical and health systems leader, global mental health expert, Interpersonal Psychotherapy expert, and researcher, he is helping to decrease stigma and improve access to mental healthcare. He co-leads the Toronto Addis Ababa Academic Collaboration with Drs. Clare Pain and Brian Hodges to develop post-graduate subspecialty training programs in numerous areas of medicine, primary care and nursing in Ethiopia. He has published in the areas of global mental health, family medicine, medical ethics, psychotherapy knowledge translation, and post-partum depression. He was a primary investigator on two Grand Challenges Canada funded projects – one to scale up screening and mental health care in Ethiopian primary care settings with training of >500 Ethiopian primary care nurses, and another to engage with Ethiopian traditional healers, using a collaborative care model to increase the identification and treatment of psychiatric disorders. He has culturally adapted IPT for Ethiopia (IPT-E) and led IPT workshops for psychiatry residents at AAU and University of Toronto.



## Fred Fallis Award in Online Learning

This award was named to honour Dr. Fred Fallis, the first Assistant Dean in Continuing Education in the Faculty of Medicine, University of Toronto (1982-1985) and one of the founders of Telemedicine for Ontario, which later became Telemedicine Canada. The award is available annually and recognizes an individual or group which has demonstrated innovation and excellence in online learning for health professionals.

### **Kathy Boutis** MD, FRCPC, MSc

Department of Paediatrics

Dr. Kathy Boutis completed medical school at the University of Toronto and completed her residency in pediatrics and fellowship in pediatric emergency medicine at Boston Children's Hospital, Harvard University. She joined the Department of Pediatrics at the Hospital for Sick Children as an Emergency Physician and Clinician Investigator. Dr. Boutis has become an internationally recognized thought leader in pediatric emergency medicine whose research on musculoskeletal injuries has challenged dogma is transforming practice. She also links her core research area to other key areas in emergency medicine - child abuse, radiation exposure, and medical images. She has over 90 publications and has acquired about \$10 million dollars in grant funds. Her work has also been recognized in research awards, most notably the University of Toronto Physician Researcher Award for Scientific Accomplishments. She is also the academic director of ImageSim, an innovative education and research platform that uses deliberate practice and simulation to teach health care providers how to interpret medical images. Importantly, Dr. Boutis' accomplishments do not stop with the publication and much of her research has been implemented into clinical and education practice.

## Reflection

“Education is the passport to the future, for tomorrow belongs to those who prepare for it today”. - Nelson Mandela

## Excellence in Interprofessional Continuing Professional Development Award

Acknowledging the importance of exceptional health care teams in the provision of quality health care, this award was developed to recognize excellence in continuing professional development activities designed to enhance interprofessional team practice and improve healthcare delivery.

**Karen Leslie** MD MEd FRCPC  
Department of Paediatrics

**Latika Nirula** PhD  
Department of Psychiatry

Drs. Karen Leslie, Latika Nirula and their project development teams at CAMH and SickKids collaborated in the development of an innovative interprofessional simulation course, entitled: ***Interprofessional Simulations of Patient Experiences Across the Care Continuum – Child and Youth (ISPEACC-CY)***. This one-day course represents a novel approach to deep interprofessional learning: it provides participants opportunities to explore their interprofessional teamwork in the context of simulation-based learning scenarios. ISPEACC involves the management and assessment of patients with co-occurring mental and physical health care needs. It offers participants a unique

experience of the challenges and benefits of patients traversing a variety of settings in our complex health care system.

### **Project Development Teams:**

#### **CAMH:**

- Dr. Latika Nirula PhD, Director, Simulation and Teaching Excellence; Assistant Professor, Department of Psychiatry, University of Toronto
- Stephanie Sliemers MEd, Manager Simulation and Digital Innovation
- Laura Hayos OT, Project Coordinator, Simulation Centre; Status-Only Lecturer, Department of Occupational Science and Occupational Therapy, University of Toronto
- Tucker Gordon, Education Specialist, Simulation Centre
- Alyssa Kelly MPH, Research Analyst, Simulation Centre
- Dr. Laura Naismith PhD, Project Scientist, Simulation Centre
- Dr. Christopher Kowalski MBBS, Medical Psychiatry Alliance Fellow
- Dr. Trisha Tulloch MD MSc FRCPC FAAP, Staff Physician; Assistant Professor, Department of Pediatrics, University of Toronto

#### **Sick Kids:**

- Dr. Karen Leslie MD MEd FRCPC, Physician Lead for MPA Education; Professor, Department of Paediatrics, Director, Centre for Faculty Development, University of Toronto
- Alison Dodds RN, Simulation Educator
- Erin Lawson OT, Interprofessional Educator MPA
- Sharon Lorber SW, Interprofessional Educator MPA
- Dr. Catherine Walsh MD PhD, Educational Researcher; Assistant Professor, Department of Paediatrics, Faculty of Medicine, University of Toronto
- Dr. Trisha Tulloch MD MSc FRCPC FAAP, Staff Physician; Assistant Professor, Department of Pediatrics, University of Toronto

# Ivan Silver Innovation Award

To honour Dr. Ivan Silver's distinguished contribution to the fields of continuing education and professional development (CEPD), this award is intended to recognize an innovative CEPD initiative developed and delivered by a University of Toronto faculty member or team that has demonstrated an impact on health professionals' performance or improved health outcomes.

**Peter Selby** MBBS, CCFP, FCFP, MHSc, DipABAM, DFASAM  
Departments of Family and Community Medicine and Psychiatry

*Dr. Selby was also awarded the Dave Davis Research Award. Please see pg. 45 for full bio.*

## **Project Team Members**

Ms. Galit Kadan  
Dr. Keyghobad Farid-Araki  
Dr. Narges Beyraghi  
Dr. Jonathan Bertram  
Dr. Stephanie Soo  
Mr. Tucker Gordon  
Ms. Laura Hayos

# POSTMD EDUCATION AWARDS

## Charles Mickle Fellowship

The Charles Mickle Fellowship was established in 1921 and is awarded annually to a member of the medical profession anywhere in the world who has “done the most within the preceding 10 years to advance and promote sound knowledge of a practical kind in the medical art or science by careful and thorough work.

**Ivan Silver** MD, MEd, FRCPC  
Department of Psychiatry

*Dr. Silver was also awarded the Colin R. Woolf Award for Long-Term Contributions to Continuing Professional Development. Please see pg. 43 for full bio.*

# FACULTY DEVELOPMENT AWARDS

## Helen P. Batty Awards for Excellence and Achievement in Faculty Development

These awards, named after one of our own award-winning educators, were established in 2005 to recognize outstanding departmental faculty development programs leading to the enhancement of education, instruction, career development, professionalism, inter-professionalism, and/or health professional leadership within the Faculty of Medicine. There are three categories: Sustained Excellence in Teaching as a Faculty Developer, Innovation in Program Development and Design, and Sustained Contribution to the Field of Faculty Development.

## Sustained Contribution to the Field of Faculty Development

**Jana Lazor** MSc, EdD

Department of Family and Community Medicine

Dr. Jana Lazor is a pharmacist and healthcare educator. She has completed a Bachelor of Science in Pharmacy, Masters of Pharmaceutical Sciences, Hospital Pharmacy Residency Program, and Doctor of Education in Higher Education, with a specialization in healthcare education and sub-specialty in patient education. She is the Director of Faculty Development for the MD Program at the University

of Toronto, overseeing the Office of Faculty Development that offers a wide range of faculty development resources and activities that are designed specifically to support faculty members across the St. George and Mississauga Campuses to help them to navigate their undergraduate teaching responsibilities. Dr. Lazor is an Associate Professor in the Department of Family and Community Medicine and is also cross-appointed as an Associate Professor in the Dalla Lana School of Public Health and the School of Graduate Studies. Dr. Lazor has held different roles relating to Health Professions Educations across the education continuum from entry to practice, advanced practice, professional development and faculty development. Her current practice and scholarship focuses on the design and evaluation of learning-centered faculty development programs that support curriculum change, renewal, and innovation.

## **Reflection**

During my career as a health educator, I've grown to appreciate that we are the teacher and the student at the same time. Thus, the practice of faculty development is an essential component to any health-care education endeavour, especially when effectively aligned with curriculum development, evaluation and organizational needs. This is an area of my focus and passion. My goal is to contribute to the creation of a "learning-centred environment" in which future health professionals can learn to become person-centered practitioners to meet patients' and societal needs.

# Physician Assistant Program Faculty Awards (2018/19)

The Physician Assistant Program Awards recognize excellence in teaching, mentoring and supporting in the BScPA Program. There are two categories: Excellence in Teaching Award, and PA Role Model Award.

## Excellence in Teaching Award

This award recognizes outstanding teaching in the BScPA Program.

**Philippe D'Onofrio** MSc, PhD Candidate  
Rehabilitation Science Institute

Philippe D'Onofrio completed both a B.Sc. in Biology and a B.A. in English at the University of Toronto prior to completing a M.Sc. in Rehabilitation Science. He is currently a Ph.D. Candidate in Rehabilitation Science with a focus in Neuroscience studying the mechanisms of retinal ganglion cell death in the eye. He received this award for his work as an anatomy demonstrator and TA in the Physician Assistant Program. Mr. D'Onofrio was responsible for teaching gross anatomy in lab with my colleagues and for preparing and delivering online case study sessions reviewing important topics in anatomy.

### Reflection

Each one of us only has one life to live, and we should strive every day to make the most of it in all that we do: to appreciate the lives we have, the lessons we learn, and the things we can achieve.



## PA Role Model Award

This award recognizes an outstanding Physician Assistant involved in the BScPA Program.

### **Britton Sprules** CCPA

Britton Sprules is the Clinical Course Director for the U of T Physician Assistant program which is affiliated with the Michener Institute and Northern Ontario School of Medicine (NOSM). She is responsible for the oversight of student progress in clinical rotations, clinical assessments, evaluating clinical curriculum, and approval of final clinical rotation schedules. Ms. Sprules also sits on many committees including Academic Council at NOSM and the Curriculum Committee for the Consortium of PA education. Born and raised in Uxbridge, Ontario, Ms. Sprules attended the University of Guelph for her undergraduate degree, then moved to Thunder Bay while working in Long Term Care as a Kinesiologist. She became a Physician Assistant in 2011.

### **Reflection**

My students would probably say my quote is: "Be a sponge!" For if you allow yourself to always be open to learning new things, you will be surprised that this doesn't always happen in the classroom, but when you are least expecting it.

# External Education and Teaching Awards (2018/19)

*\*The following is a list of award recipients nominated by the Faculty of Medicine for national/international Education and Teaching Awards.*

## **AFMC Young Educators Award**

The AFMC- Young Educators Award recognizes the outstanding effort or achievements of an individual within their first seven years as a faculty member who produced change within their Faculty or the general medical community.

- **Mahan Kulasegaram**, Department of Family and Community Medicine

## **AFMC May Cohen Equity, Diversity, and Gender Award**

Named in honour of Dr. May Cohen and established in 2003, this award recognizes the outstanding effort or achievements of an individual(s), program(s), department(s) or faculty in improving the equity diversity and gender environment in academic medicine in Canada.

- **Sharon Straus**, Department of Medicine

## **CAME Meridith Marks New Educator Award**

Named in honour of Dr. Meridith Marks, this award recognizes individuals in the first phase of their professional career who have made a significant contribution to medical education.

- **Stella Ng**, Department of Speech-Language Pathology

## **CAME Certificate of Merit**

*To promote, recognize and reward faculty committed to medical education in Canadian medical schools.*

- **Dr. Sue Glover Takahashi**, Department of Family and Community Medicine

- **Dr. Umerin Najeeb**, Department of Medicine
- **Dr. Sophie Soklaridis**, Department of Family and Community Medicine

## 2018 EDF Recipients

*The Education Development Fund is a seed fund designed to encourage those who are transitioning to, or are newly engaged in, education scholarship to further their career development. Funding has traditionally been awarded to initiatives that focus on the design, implementation and evaluation of courses, programs and curricula including faculty development, continuing education and clinical learning initiatives across the medical education continuum.*

- **Dr. Nirit Bernhard**, Department of Paediatrics

*The Whole is Greater Than the SUM of Its Parts: Exploring the integration of reflection, self- assessment, and feedback through relationships in a Competency Based Undergraduate Medical Curriculum*

- **Drs. Samantha Green and Ritika Goel**, Department of Family and Community Medicine

*Teaching Poverty, Social Determinants, and Social Accountability*

- **Dr. Jennifer Hulme**, Department of Family and Community Medicine

*Advocating for Advocacy: The state of the advocate role in Canadian Family and Emergency Medicine training programs*

- **Dr. Julie Johnstone**, Department of Paediatrics

*"Each little change will have a ripple effect": Lessons Learned from the Implementation of Competence By Design in the Paediatric Residency Training Program, University of Toronto*

- **Dr. Seema Marwaha**, Department of Medicine  
*Translating Patient Experiences into Immersive Video for  
Medical Education on Compassionate  
Care: A Pilot Study*

# Musicians

## Livia Coburn & Cassandra Leshchyshyn

On Cello - Livia Coburn is a twenty-one-year old cellist from Toronto. In spring 2018, Livia completed her Bachelor of Music in Cello Performance with honours at the University of Toronto, where she studied with the Toronto Symphony principal cellist, Joseph Johnson. Livia was a scholarship student at the University of Toronto, having been a recipient of the Kathleen Parlow Scholarship, the Laura Kinton Muir Prize, the Gregor Piatigorsky Memorial Award in Cello, the David and Marcia Beach Summer Study Award, the Ethel Berney Scholarship, as well as the Music Alumni Association Scholarship. She has also been a scholarship student of numerous summer music academies, including the Orford Academy's Piano Trio Workshop and Solo Master Class programs in Quebec, as well as the International Music Institute and Festival (IMIF) in Maryland, USA. Livia has also had the privilege of receiving master classes, lessons, and coachings from various esteemed Canadian and International artists, including Matt Haimovitz, Laurence Lesser, Michel Strauss, Amit Peled, and Cecylia Barczyk. In January 2018, Livia competed in the finals of the Guelph Symphony Orchestra concerto competition, and was selected to perform with the Guelph Symphony at a concert in their 2018/2019 season.

On Violin – Violinist Cassandra Leshchyshyn, a native of Toronto, is currently pursuing graduate studies in performance at the Schulich School of Music at McGill University, in Montréal. Formerly, Cassandra also studied violin performance at the undergraduate level at the University of Toronto's Faculty of Music, graduating with Honours in 2018. Most recently, Cassandra is a recipient of the Canada Graduate Scholarship. Her research seeks to unveil the vibrant but underrepresented violin repertoire of

Ukrainian classical composers. Cassandra is a passionate orchestral player having held concertmaster positions with the National Youth Orchestra of Canada, the University of Toronto Symphony and Opera Orchestras, and the Whistler Institute Orchestra in British Columbia. Keen to expand her knowledge of teaching, Cassandra will participate in a violin pedagogy retreat this summer at Indiana University, Bloomington. Further, she will enjoy playing at various events in and around Toronto. Among her musical engagements, Cassandra also looks forward to cultivating her writing skills by taking part in a creative writing course at the University of Toronto's School of Continuing Studies. Cassandra is eager to continue on her path of musical discovery and performance, both in school and beyond.



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