

The Faculty of Medicine's

16<sup>th</sup> Annual

EDUCATION  
ACHIEVEMENT  
CELEBRATION



UNIVERSITY OF  
TORONTO

# WELCOME

We are pleased to welcome you to the Faculty of Medicine's 16th Annual Education Achievement Celebration! We are always thrilled to gather as a community to celebrate excellence in teaching and mentorship, innovation and education scholarship across our Faculty.

Our faculty members, learners and staff continue to make not only important but impactful contributions across all educational domains. From undergraduate medical education to continuing professional development, it is our collective commitment to educational excellence that is truly inspiring.

This year's C. I. Whiteside Education Achievement Keynote Address will be delivered by Dr. Ivan Silver, Vice-President, Education, Centre for Addiction and Mental Health. We are delighted that he will share his *"reflections on teaching, creativity, play, and living"* with us this evening.

Thank you for joining us to celebrate the tremendous contributions being made throughout the Faculty of Medicine at the University of Toronto.



**Patricia Houston**

Vice-Dean, MD Program



**Allan Kaplan**

Vice-Dean, Graduate and Academic Affairs



**Sal Spadafora**

Vice-Dean, Post MD Education  
(PGME & CPD)

# ACKNOWLEDGMENTS

Thank you to **Livia Coburn** and **Julia Mirzoev** for sharing their musical talents with us.

Thank you to the award selection committees and event organizers who have generously given their time and energy to make this event possible.

Sincere thanks to the student, peer and colleague nominators for helping us to recognize outstanding achievements across our Faculty.

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# C. I. Whiteside Education Achievement

## KEYNOTE ADDRESS

### **Dr. Ivan Silver** MD MEd FRCPC

Professor, Department of Psychiatry  
Vice-President Education  
Centre for Addiction and Mental  
Health



### ***“Reflections on teaching, creativity, play, and living”***

#### **About Dr. Ivan Silver**

Dr. Ivan Silver is a full Professor in the Department of Psychiatry at the University of Toronto and the inaugural Vice President, Education at the Centre for Addictions and Mental Health.

Drawing from his experience at the University, Dr. Silver is responsible for envisioning and creating a teaching and learning culture at CAMH that will draw students and trainees to the hospital and support the teaching and learning experience of everyone who works there.

Formerly the Vice-Dean of Continuing Education and Professional Development (2005-2011) in the Faculty of Medicine at University of Toronto, Dr. Silver has also served as an Educational Consultant with the Li Ka Shing Knowledge Institute at St. Michael's Hospital and was the inaugural Director of the Faculty of Medicine's renowned Centre for Faculty Development (2002-2009). Prior to his move to CAMH, he was a staff psychiatrist at Sunnybrook Health Sciences Centre. Dr. Silver is a nationally and internationally

respected scholar in the areas of Continuing Education and Professional Development, Faculty Development and Interprofessional Education and Collaboration. He has built a national reputation as a skilled clinician, an esteemed teacher and educator, and a creative facilitator. Among his many awards and honours is the prestigious 3M Teaching Fellowship, a national award that recognizes outstanding contributions to university teaching across all disciplines.

Dr. Silver is a 1975 graduate of Dalhousie medical school. He specialized in Psychiatry at the University of Toronto, and joined the Faculty in 1981. He completed a Masters Degree in Education at the Ontario Institute for Studies in Education at the University of Toronto in 1997. In his specialty area of psychiatry, he has developed local and national strategies for delivering continuing education to mental health professionals in Toronto and in Canada. He has worked with the Royal College of Physicians and Surgeons of Canada to help develop the Maintenance of Certification program. In his role with the Centre for Faculty Development, he initiated several programs to enhance the professional development of faculty. His academic interests include how students of all ages learn, the development of novel teaching methods, how to engage students in learning interactively and interprofessionally and models for implementing and evaluating professional development and continuing education programs.

Dr. Silver has profoundly influenced health professions education at and outside the University of Toronto as a teacher and mentor, as a translational scholar, as a faculty developer and as an educational leader with a passion for creating and nurturing a culture of teaching and learning.

# MD PROGRAM AWARDS

## W. T. Aikins Awards

These awards are named after William Thomas Aikins, the first Dean of the Faculty of Medicine after its reorganization in 1887. They are the Faculty's most prestigious awards in the MD Program. They were established to recognize and formally reward outstanding teachers in the areas of Individual Teaching Performance (Small and Large Group), Development and Use of Innovative Instructional Methods, and Course / Program Development and Coordination. Recipients of these awards have significantly contributed to high-quality undergraduate teaching by establishing and integrating new and effective methods of instruction into the curriculum. This year, we are pleased to recognize excellence in Individual Teaching Performance (Small Group).



## W. T. Aikins Award – Excellence in Individual Teaching Performance (Small Group)

### **Nadine Abdullah** MD MEd FRCPC

Department of Medicine

Dr. Nadine Abdullah is a General Internist Clinician Educator at University Health Network. She obtained her MD from the University of Toronto in 1998, completing residency at the University of Calgary. She returned to Toronto to complete a Master of Education at OISE.

Dr. Abdullah shares her passion for patient care and learning with trainees at her home site, Toronto Western Hospital. She teaches undergraduate and postgraduate medicine while attending on the Clinical Teaching Unit, medical consultation service, and ambulatory GIM clinics. Leadership positions include former Medicine Clerkship Site Co-director at Toronto Western Hospital 2008-2011. Presently, she is the Core Internal Medicine Residency Program Site Director.

Her scholarly interest is narrative medicine to enhance trainee well-being and holistic care. She is the Art of Medicine Thematic Lead at the HoPingKong Centre for Excellence in Education and Practice, curating the popular Art of Medicine lecture series.

### **Reflection**

I am grateful to work among supportive colleagues to create together a positive learning environment that fosters the professional growth of our trainees. I have the tremendous privilege to teach and learn with bright, engaging and compassionate learners who have taught me

humility, and who have kept my curiosity alive by asking the most challenging questions while we care for our patients.

## **Martin Schreiber** MD MMedEd FRCPC

Department of Medicine

Dr. Martin Schreiber completed his MD, and then residency training in internal medicine and nephrology, at U of T. He did a Master's degree in medical education at the University of Dundee in Scotland.

He started on Faculty at U of T in 1994; since 2000 he has been at St. Michael's Hospital in the Division of Nephrology. In the medical school he has been a course director, preclerkship and curriculum director, and faculty lead for accreditation. Currently, he is the site director for nephrology postgraduate training at St. Michael's Hospital, and in the MD Program he is course director for the Adapted CPC2 course for MD/PhD students returning to MD studies, and Faculty Advisor for the curriculum map. His main academic activity has always been teaching and he has won a number of awards, including the 3M National Teaching Fellowship, Canada's highest teaching award for university teachers.

### **Reflection**

I can imagine no greater privilege than helping our students learn to be the caring, compassionate and competent doctors of tomorrow.

## **Justin Mark Weissglas** MD FRCPC Hon. Bsc. Department of Psychiatry

Dr. Justin Weissglas was born and raised in Toronto. He obtained his undergraduate degree from the University of Toronto with a research specialist degree in psychology, and then attended McMaster University, where he earned his medical degree. He completed residency at the University of Toronto, and has been on staff at Sunnybrook Hospital since 2011. He has held the rank of Assistant Professor at the University of Toronto since 2016.

Dr. Weissglas' clinical focus is primarily on acute care inpatient psychiatry, with some additional focus on outpatient work and interpersonal psychotherapy. He also serves as Deputy Inpatient Director on the Sunnybrook Inpatient Unit. Dr. Weissglas has a particular focus on education, having previously served as Undergraduate Site Coordinator for psychiatry at Sunnybrook, and through his current role as Post-Graduate Site director. He heads the Resident Evaluation Subcommittee, in addition to sitting on several university and departmental panels. He has directly supervised medical students and residents in both didactic classroom learning as well as through being a preceptor for core and elective rotations. Finally, Dr. Weissglas has been intimately involved in curriculum design and implementation of the new competence-base education pilot at the University of Toronto, Department of Psychiatry.

### **Reflection**

It is the supreme art of the teacher to awaken joy in creative expression and knowledge. -Albert Einstein

## Miriam Rossi Award

The Miriam Rossi Award for Health Equity in Undergraduate Medical Education aims to recognize University of Toronto MD Program faculty members for their commitment to diversity and health equity in undergraduate medical education. The award is named after Dr. Miriam Rossi, a pediatrician, teaching faculty, and former Associate Dean of Student Affairs in the Faculty of Medicine, University of Toronto, and a strong advocate and mentor for minorities. It was established in 2017 in recognition of Dr. Rossi's outstanding contributions to health equity in medical education. Dr. Rossi led several initiatives to improve diversity in the U of T medical school, in particular the creation of the Summer Mentorship Program (SMP), established to encourage young Black and Aboriginal students, who are under-represented in medicine, to pursue careers in the health sciences. Like many of her contributions, the SMP was developed to help improve equity in the field of medicine, healthcare and society as a whole.

## **Mark Hanson** MD MEd FRCP(C)

Department of Psychiatry

Dr. Hanson is a Child and Adolescent Psychiatrist at the Hospital for Sick Children, Toronto and Professor of Psychiatry in the Department of Psychiatry, Faculty of Medicine, University of Toronto. He is currently an AMS Phoenix Fellow exploring the nature of patient engagement in health professions admissions processes.

Dr. Hanson completed both medical school (1981) and psychiatry residency training including child and adolescent psychiatry training (1987) at the University of Toronto. Prior to being the MD Program Associate Dean/Director Admissions and Student Financial Aid he was active in Child and

Adolescent Psychiatry educational leadership positions at both the University of Toronto and McMaster University. During his tenure as co-director of the Canadian Academy of Child and Adolescent Psychiatry Education Committee he assisted with the successful application to the Royal College of Physician and Surgeons for subspecialty designation for Child and Adolescent Psychiatry (2009). Medical education leadership and scholarship have been the academic foci of his career.

Dr. Hanson is honoured to be the recipient of the Miriam Rossi Award for Health Equity in Medical Education for his work during his tenure as Associate Dean and Director of MD Program Admissions and Student Finances to advance medical student diversity and equity within the MD program. Particular activities included development of the Indigenous Student Application Program (ISAP) and the Black Student Application Program (BSAP). Accompanying ISAP he advanced creation of the Office of Indigenous Medical Education and incorporation of Indigenous health issues within the medical school curriculum. On a national level he advocated for the creation of a MCAT fee assistance program for Canadian MCAT test takers. Although he is being individually honoured for this work, this work was not accomplished alone. Many colleagues actively supported and put in long hours of work to see these projects through to completion. Colleagues from the Office of Enrolment Services, Office of Health Professions Student Affairs, Office of Indigenous Medical Education and the Association of Faculties of Medicine of Canada (AFMC) were instrumental in this work and making these programs successful. In looking back on his career Dr. Hanson has been drawn to work with populations that were underserved by health professionals including Indigenous Peoples plus children and families from disadvantaged backgrounds. However, it was not until he was Associate Dean, Admissions and Student Finances that he truly realized the advantages and privileges that have always been part of his life and career.

One specific memory remains with Dr. Hanson. During ISAP planning stages he met with an Indigenous elder who spoke of her hope that one day very young Indigenous children would dream of becoming a doctor. At that moment, Dr. Hanson realized the advantages that his parents and life circumstances provided. There was never any doubt that he could do whatever he wished, including being a doctor and that education was his route to that future. Dr. Hanson's hope is that our collective work in diversity and equity at the University of Toronto will in some very small way enable that future to be realized for very young children from backgrounds that are less advantaged and privileged than his own.

## **Norman Rosenblum Award – Excellence in Mentorship**

The Norman Rosenblum Award for Excellence in Mentorship in the MD/PhD Program was established in 2018 in recognition of Dr. Rosenblum's tenure as Associate Dean, Physician Scientist Training in the Faculty of Medicine, University of Toronto and his outstanding contributions to mentoring of MD/PhD students. The award recognizes staff or faculty members who exhibit an exemplary level of leadership and commitment to mentorship and role modeling for MD/PhD students in the Faculty of Medicine.

## **Melvin Silverman** MD FRCP(C)

Department of Medicine

Dr. Silverman's career as a clinician scientist has encompassed research, clinical care and teaching.

**Research:** (i) membrane biology -focus on kidney tubular transport processes of natural substrates and drugs - emphasis molecular mechanism of renal glucose reabsorption; (ii) trans-capillary exchange-glomerular permeability; (iii) mechanisms of membranous glomerulonephritis and diabetic renal disease. Over 125 published papers, chapters, reviews.

**Teaching:** supervised over 20 graduate students and postdoctoral fellows in addition to undergraduate and postgraduate clinical teaching.

**Administration:** A major focus has been the training of clinician scientists and graduate education in medical sciences- Founding Director of both the U of T MDPHD (24 years) and (with Bernard Langer) Royal College Clinical Investigator Program (12 years) ; Director of the Institute of Medical Sciences (9 years).

Dr. Silverman has also served as Director of the TGH Div. of Nephrology and VP Research at the Canadian Institute For Advanced Research.

## **Reflection**

Career development/mentorship requires a strategy employed in Professional Sport and by Warren Buffet-- Create a "farm system portfolio" with robust, talented raw material, nurture and hone the skill set – understanding that success in the "big leagues" is a long term investment.

# Health Sciences Research - Teaching Excellence Award

The HSR Teaching Excellence Award recognizes individual tutors in the Health Science Research component in the MD Program whose teaching practice is exemplary and inspiring. These individuals show an outstanding ability to impart knowledge, work together with students and invoke research enthusiasm and participation.

**Yuliya Knyahnytska** MD MS MSW PhD  
Department of Psychiatry

Dr. Knyahnytska is a Ukrainian-Canadian. She received her medical degree with honor from the Bukovinian Medical Academy, Ukraine; where she completed her psychiatry training and worked as a Medical Head of Day Treatment Program for 7 years. Dr. Knyahnytska was awarded Masters in Science with Honor (Ukraine), Masters in Social Work (University of Toronto), and PhD in Public Health (University of Toronto). She concurrently completed 2-year Clinical Fellowship in Eating Disorders, followed by 3-year Clinical Fellowship in Brain Stimulation (Centre for Addiction and Mental Health, Toronto). She was appointed Assistant Professor of Psychiatry at the University of Toronto September 2017, and is a full-time Staff Psychiatrist with the Centre for Addiction and Mental Health.

Her specialty interests include innovative treatment interventions; neuroscience; treatment resistant mental illnesses; brain stimulation interventions (TMS, tDCS, MST, & ECT); complex populations; qualitative research design; as well as mental health promotion. She serves as a co-investigator on several projects, and participates in numerous national and international scientific conferences.



She is currently closely involved in a number of clinical research trials to assess the efficacy of novel treatment modalities in treatment and relapse-prevention in those with treatment resistant mental illnesses.

## **Reflection**

Among creatures born into chaos, a majority will imagine an order, a minority will question the order, and the rest will be pronounced insane. -Robert Brault

## **Telisha Smith-Gorvie** MD MSc FRCPC

Department of Medicine

Dr. Smith-Gorvie graduated from the University of Manitoba's Faculty of Medicine and completed her FRCPC Emergency Medicine residency at U of T. She is a full-time staff Emergency Physician at University Health Network and is a clinician teacher in the Department of Medicine. Her educational activities include clinical and ultrasound teaching in the ED, as well as undergraduate medical education. She is also the Director of the PGY1 Clinical Epidemiology Course in the U of T FRCPC EM program. Dr. Smith-Gorvie is also involved in a variety of research and administrative activities. She has recently completed her Baking Arts Certificate from George Brown College, and she enjoys playing in a band with two of her EM colleagues.

## **Reflection**

I've been very fortunate to have been taught by some excellent educators over the years, from post-secondary school teachers, through to my current colleagues from a variety of disciplines and professions (including some fantastic pastry chefs, who have inadvertently taught me a thing or two about medicine!) Although there has been a

mix of different personalities and styles of teaching, the commonalities include always feeling like my education was important to them, and having a safe and fun space in which to learn. These principles are important to me as an educator. And in turn, creating a positive space allows learners to feel comfortable sharing their knowledge and feedback with me, which helps in my development as a physician, educator and a person overall.

# UNDERGRADUATE TEACHING AWARDS IN LIFE SCIENCES

The Faculty of Medicine, in partnership with the Basic Sciences Departments and Divisions within the Faculty, offer annual Undergraduate Teaching Awards in Life Sciences.

## Excellence in Undergraduate Teaching in Life Sciences

This award recognizes sustained excellence in teaching, coordination and/or development of an undergraduate lecture or seminar course in Arts and Science offered by the Basic Sciences Departments of the Faculty of Medicine.

### **Michelle Arnot** PhD

Department of Pharmacology and Toxicology

Dr. Michelle Arnot is an Associate Professor (Teaching) and the Undergraduate Education Coordinator in the Department of Pharmacology and Toxicology. She graduated from Queens University with a BSc (Honours) in Life Science and completed a PhD in Pharmacology from the University of Alberta where she focused on neuropharmacology and the effects of chronic benzodiazepines. After her graduate studies she took a brief opportunity with an educational outreach group; however, her continual interest in learning resulted in her return to research. She began work within the calcium channel field where she held a variety of research fellowships at the

University of Calgary and George Washington University in Washington DC. She held a faculty Lecturer position at the University of Maryland (College Park) prior to repatriating back to Canada to join the Department in 2007. Currently she teaches and coordinates in variety of Pharmacology and Toxicology courses within the undergraduate program, as well as in graduate and professional programs and continuing education via online initiatives. Her community engaged course “the role of pharmacology and toxicology in society” is a favorite among students and involves students working with Toronto Harm Reduction groups. Dr. Arnot strives to share her passion for “drugs” and the important role they play in health care and society in general. Dr. Arnot enjoys challenging her students yet works hard to create a supportive learning environment.

## **Reflection**

I continue to be curious about research which helps develop my own knowledge, teaching and communication skills. I evolve my teaching practice and encourage students to evolve in their thinking and practices.

SHARING, MENTORING and BEING HUMAN are core to my teaching practices and the conversations which happen inside and outside the classroom.

# **GRADUATE FACULTY TEACHING AWARDS**

## **Early Career Excellence in Graduate Teaching and Mentorship**

This award recognizes contributions to the training and experience of graduate students by faculty members within five years of their academic appointment. These contributions are evidenced by excellence in teaching, supervision or mentorship, and dedication to students.

## **Mid-Career Excellence in Graduate Teaching and Mentorship**

This award was established in 2002 to recognize sustained contribution to graduate student mentorship exemplified by, but not limited to: major involvement in graduate student learning, enthusiastic and empathic critical appraisal of students' work, timely assessment of students' research programs including program advisory committee meetings and prompt turnaround of written work, and careful attention to a critical path laid out for students' research.

## **Sustained Excellence in Graduate Teaching and Mentorship**

The Sustained Excellence in Graduate Teaching award was established in 2002 in an effort to recognize sustained contribution to any aspect of graduate teaching including a course, curriculum development, graduate program administration, graduate student supervision or academic role modeling, for more than five years.

# Early Career Excellence in Graduate Teaching and Mentorship

## **Sunita Mathur** PT PhD

Department of Physical Therapy

Sunita is a physical therapist and Associate Professor. She completed her PhD at the University of British Columbia, and post-doctoral fellowship at the University of Florida. Sunita joined the University of Toronto in 2009, as an Assistant professor in the Dept of Physical Therapy. She directs the Muscle Function & Performance Research Lab. Sunita's research explores skeletal muscle dysfunction in people with chronic lung disease and lung transplant recipients, and the link between muscle dysfunction and overall health. She also studies the role of exercise and physical activity in improving health outcomes in solid organ transplant recipients.

Sunita teaches in the Master's of Science - Physical Therapy (MScPT) program and supervises graduate students in the Rehabilitation Sciences Institute. She emphasizes discovery, self-directed learning methods and peer collaboration among her students. She aims to create a classroom and lab environment where students can ask questions, debate ideas, learn from each other and pursue their own learning needs and interests.

### **Reflection**

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. -Maya Angelou

# **John L. Sievenpiper** MD PhD FRCPC

Department of Nutritional Sciences

Dr. Sievenpiper has focused on the role of a wide variety of foods and dietary patterns, in order to understand relationships between diet and disease. Throughout his scientific career he has studied sugars (fructose, sucrose, and high-fructose corn syrup), dietary pulses (beans, peas, chickpeas, and lentils), and tree nuts, as well as the portfolio diet and low-glycemic index dietary patterns.

Dr. Sievenpiper's research has helped to inform the prevention and treatment of diabetes and cardiovascular diseases and has been cited extensively in public policy and guidelines statements. His expertise has also been invaluable to a number of national and international medical and public health organizations, including the Canadian Diabetes Association, the European Association for the Study of Diabetes, the Canadian Cardiovascular Society, and American Society of Nutrition. As a member of expert committees of these and other bodies, he is helping to inform clinical practice guidelines and public health policy.

In his work, Dr. Sievenpiper is most excited about being part of the full cycle of discovery and application: from basic sciences research, to clinical trials, to practical implementation and changes in public policy, back to forming new research questions.

## **Reflection**

I am passionate about being part of this cycle and help with prevention of disease — from childhood, to adulthood, and beyond.

# Mid-Career Excellence in Graduate Teaching and Mentorship

## **Elena Maria Comelli** PhD

Department of Nutritional Sciences

Dr. Elena Comelli, PhD is an Assistant Professor and holds the Lawson Family Chair in Microbiome Nutrition Research at the Department of Nutritional Sciences and the Joannah and Brian Lawson Centre for Child Nutrition, Faculty of Medicine, University of Toronto. Since 2015, Dr. Comelli is also Adjunct Professor at the Department of Kinesiology at Brock University. Dr. Comelli graduated at the University of Milano, Italy, and then obtained her PhD from ETH, Zurich, Switzerland with a research on probiotics for oral health. Afterwards, she did a postdoc at the Scripps Research Institute in San Diego, USA, working in the field of glycomics. In 2003, Dr. Comelli returned to Switzerland and worked as a project manager at Nestlé Research Centre in Lausanne. In 2007, she joined the University of Toronto and in 2014 she was named the Lawson Family Chair in Microbiome Nutrition Research. Dr. Comelli's group investigates the relationship between diet and the gut microbiome, including regulation of intestinal responses, such as via microRNA. The lab has a strong focus on early stages of life and nutritional programming of the gut microbiome for long-term health. Elena is also an Associate Editor for the journal Applied Physiology, Nutrition and Metabolism.

### **Reflection**

Students are priority. I am very honoured to have received this award, and I am grateful to all the excellent students whom I had the opportunity to teach and mentor.



# Sustained Excellence in Graduate Teaching and Mentorship

## **David J.A. Jenkins** MD PhD DSc

Department of Nutritional Sciences, and of Medicine

Dr. David J.A. Jenkins is an University Professor, and Canada Research Chair. He was educated at Oxford University, obtaining his DM, DPhil and DSc. He is a fellow of the Royal College of Physicians (London) and of the Royal College of Physicians of Canada. He has served on committees in Canada and the United States that formulated nutritional guidelines for the treatment of diabetes and recommendations for fiber and macronutrient intake under the joint US-Canada DRI system (RDAs) of the National Academy of Sciences. He also served as a member of Agriculture Canada's Science Advisory Board (2004-2009) on the future direction of Canada's agriculture and agricultural research. He has spent much time working with the food industry to develop products for the supermarket shelf and, for example, helped to initiate Loblaw's 'Too Good To Be True' and most recently their popular "Blue Menu" line of products. His research area is the use of diet in the prevention and treatment of hyperlipidemia and diabetes. He has over 300 original publications on these and related topics. His team was the first to define and explore the concept of the glycemic index of foods and demonstrate the breadth of metabolic effects of viscous soluble fiber, including blood glucose and cholesterol lowering. His group developed the cholesterol lowering concept of the dietary portfolio that has entered guidelines in many jurisdictions (e.g. CCS, Heart UK etc.). He believes in the therapeutic value of plant based diets and that diets have to be environmentally sustainable.

## Reflection

When I was an undergraduate at Merton College, Oxford as I began the third of my weekly 1 hour “tutorials” (one-on-one), my tutor, Dr. Denis Parsons, considered by many to be the best medical tutor in Oxford, asked how I was doing. I replied (in a self-satisfied fashion) “working really hard!”. He replied, “do you get time just to gaze out of your window?” (the view across the “meadow” to the river was indeed spectacular). Instantly, I replied, “I am far too busy for that”. His response was equally swift “then we will have to cut down on your classes and labs”. I was shocked that my hard work was so under appreciated. He then said “you will never have an original idea unless you allow yourself time to dream. You must learn the difference between laziness and idleness. The former is unwanted but the latter is essential”.

I've always tried to pass this message on to students (my colleagues think I am just soft on students without the all-important rigor & excellence and without assessing the necessary stress. “You have to toughen them up”, “life is tough”, etc). But if you don't have a dream.....” etc as the south pacific song goes. So I continue, and have been blessed with students with incredibly good ideas!

**Elizabeth Rochon** MSc. (A) PhD Reg CASLPO SLP (c)  
Department of Speech-Language Pathology

Dr. Elizabeth Rochon is a Professor in the Department of Speech-Language Pathology at the University of Toronto and Senior Scientist and member of the Communication Research Team at Toronto Rehabilitation Institute. In addition to teaching students in the M.H.Sc program, Dr. Rochon enjoys supervising graduate students in the Rehabilitation Sciences Institute both in speech-language pathology and with colleagues across a spectrum of multidisciplinary subject areas and departments. Her research interests lie in understanding language and communication deficits, particularly as they relate to the impairments found in neurological populations. Dr. Rochon's research is currently funded by the Canadian Institutes of Health Research (CIHR), the Heart and Stroke Foundation and the Canadian Partnership for Stroke Recovery (CPSR).

# EXCELLENCE IN COMMUNITY-BASED TEACHING AWARDS

Established by the Faculty of Medicine in 2012 these awards recognize the significant contribution of an increasing number of University of Toronto community-based teachers to the learning of medical students and residents. The first award recognizes excellence in community-based clinical teaching in a community hospital, the second award recognizes excellence in community-based clinical teaching in a clinic or office setting, and the third award recognizes sustained excellence in community-based clinical teaching.

## Excellence in Community-Based Teaching (Community Hospital)

**Michael Warner** MD FRCPC MBA  
Department of Medicine

Dr. Warner is a practicing critical care and internal medicine specialist at Michael Garron Hospital (formally TEGH), who uses his management training to bring the worlds of business and medicine together.

At the hospital level, he is the Medical Director of Critical Care Services for the Toronto East Health Network. Provincially, he Chairs the Section of Critical Care Medicine at the Ontario Medical Association.

*“Dr. Warner truly champions the image of an outstanding teacher, role model, and mentor. He goes beyond his role*

*as an ICU teaching staff and shares the lessons and perspectives he has gained through his practice. He is generous with his time and always makes himself available, while challenging learners to explore their boundaries clinically in a safe environment."*

## Excellence in Community-Based Teaching (Clinic/Office/Practice)

### **Dennis Di Pasquale** MD FRCSC

Department of Orthopaedics

Dr. Dennis DiPasquale is a Lecturer and an Orthopaedic Surgeon at Trillium Health Partners. He completed both his Orthopaedic Surgery residency training and a fellowship in trauma and arthroscopic surgery at the University of Toronto. His clinical practice at Trillium Health Partners has a focus on sports medicine and knee and shoulder reconstruction. His interests include quality initiatives and education. At the Mississauga Academy of Medicine he has been the lead for both undergraduate and postgraduate education in orthopaedic surgery since 2011. He has been recognized for this leadership role with the Excellence in Clinical Teaching Award in Clerkship and the Leadership in Medical Education Award. He is also the co-lead for the development and delivery of the musculoskeletal block in the Concepts, Patients, and Communities 2 Course of the new MD Program at the University of Toronto. Dr. Di Pasquale has been previously awarded the Bruce Tovee Undergraduate Surgery Teaching Award and the Division of Orthopaedics Teaching Excellence Award University of Toronto.

## Reflection

There is no better service than that as a clinician and educator. My sincerest thanks to the learners, mentors, colleagues and my family who have all contributed to my success and fulfillment.

## Excellence in Community-Based Teaching (Sustained Excellence)

### **Kyle R. Wanzel** MD MEd FRCSC

Department of Surgery and Reconstructive Surgery

Dr. Wanzel is Assistant Professor in the Department of Surgery and is also the newly appointed Program Director for the Division of Plastic and Reconstructive Surgery at the University of Toronto. As such, he is responsible for curriculum development and assessment of the residents and a substantial portion of the teaching for the Division of Plastic Surgery's postgraduate education program.

Dr. Wanzel also has an active role at the Royal College of Physicians and Surgeons of Canada. At the present time he is the Chair of the Royal College Written Examination Committee and a member of the Oral Exam Committee.

*"...For the same individual to be the source of guidance for many people over the years says a lot about the impact he has had on the careers of so many. He is a role model for everyone in the division, and we are extremely fortunate to have him looking out for the interests of learners as our Program Director."*

# **AWARDS FOR EXCELLENCE IN POSTGRADUATE MEDICAL EDUCATION**

## **Excellence in Postgraduate Medical Education Award - Development and Innovation**

This award was introduced in 2003 and serves to recognize outstanding contributions of faculty members in program development, administration and innovation in postgraduate medical education.

## **Excellence in Postgraduate Medical Education Award - Teaching Performance, Mentorship and Advocacy**

This award, also established in 2003, recognizes outstanding contributions of faculty members who demonstrate excellence in teaching and serve as mentors and advocates to postgraduate medical trainees. The award may acknowledge continuous or long- term excellence in instruction, career counseling, promotion of collegiality, or role modeling for postgraduate trainees.

## **Charles Mickle Fellowship**

The Charles Mickle Fellowship is awarded annually to a member of the medical profession anywhere in the world who has "done the most within the preceding 10 years to advance and promote sound knowledge of a practical kind in the medical art or science by careful and thorough work."

## Social Responsibility Award in Postgraduate Medical Education

The Social Responsibility Awards recognize the outstanding contributions of faculty members and residents in the development and/or implementation of socially responsible initiatives, programs or research related to postgraduate medical education. The purpose of the award is to emphasize the importance of social responsibility to postgraduate training and to acknowledge the leadership of specific individuals in helping Postgraduate Medical Education meet its social accountability mandate.

## The Sarita Verma Award for Advocacy and Mentorship in Postgraduate Medicine

The Sarita Verma Award for Advocacy and Mentorship in Postgraduate Medicine was established in 2010. The award recognizes staff or faculty members who exhibit an exemplary level of leadership and commitment to social responsibility, mentorship, advocacy, and resident wellbeing.

## Robert Sheppard Award

The Robert Sheppard Award for Health Equity and Social Justice was established in 2016 in honour of Dr. Robert Sheppard who served as Associate Dean, Postgraduate Medicine from 1977 to 1988. Dr. Sheppard was one of the first endocrinologists in Canada. Apart from being an influential endocrinologist and Faculty leader, Dr. Sheppard was deeply committed to volunteering initiatives in his community after retiring from medicine. This award recognizes the outstanding contributions of faculty members and postgraduate trainees in the development and/or implementation of activities, programs or research related to social justice and health equity in faculty development or postgraduate medical education.



# Excellence in Postgraduate Medical Education Award - Development and Innovation

## **Sandra de Montbrun** MD Med PhD FRCSC

Department of Surgery

Dr. Sandra de Montbrun is a colorectal surgeon at St. Michael's Hospital, Toronto and Assistant Professor of Surgery and Surgeon Scientist at the University of Toronto. She obtained her medical degree at the University of Toronto, completed General Surgery at Dalhousie University in Halifax. Following this, she returned to Toronto to complete a clinical fellowship in colorectal surgery, and a Masters Degree and PhD in education at the University of Toronto.

Dr. de Montbrun's research interest and academic focus lie in the assessment of technical competence and the evaluation of advanced technical skill. Dr. de Montbrun has worked over the past several years with the American Society of Colon and Rectal Surgeons in developing and implementing the first high stakes technical skills examination for board certification - The Colorectal Objective Structured Assessment of Technical Skill for colorectal graduates (the COSATS) and is the current Chair of the ASCRS Operative Competency Committee.

### **Reflection**

Do the best you can until you know better. Then when you know better, do better. -Maya Angelou

## **Lynfa Stroud** MD MEd

Department of Medicine

Dr. Lynfa Stroud is an Associate Professor in the Department of Medicine, Division of General Internal Medicine. She completed both medical school (2000) and postgraduate training in Internal Medicine (2004) at the University of Toronto. She subsequently received her MEd from the Ontario Institute for Studies in Education (University of Toronto) in 2007. In 2009 she joined the Division of General Internal Medicine at Sunnybrook HSC as a clinician educator; where after 3 years as site director for medicine clerkship, she assumed the role of postgraduate site director for internal medicine in July 2013. Dr. Stroud currently holds the Mak Chair in General Internal Medicine, University of Toronto. She is also a Centre Researcher at the Wilson Centre, University Health Network and Faculty of Medicine, University of Toronto; and a Program Surveyor and Program Advisor for Royal College International, Royal College of Physician & Surgeons.

At the Department of Medicine she is the Director of the Core Internal Medicine OSCE, taken annually by approximately 200 residents, and of the PGY1 Entry Assessment Exam. Dr. Stroud's education scholarship focuses on postgraduate assessment. Through her innovations in directing the Internal Medicine OSCE she has effectively developed a working educational lab that has facilitated research in her own area of interest, the feedback process and inherent biases within this. The lab has also enabled the research projects of many other educators in the Department of Medicine in the areas of clinical reasoning, communication, and simulation. She is also interested in the impact of the clinical environment on assessment of resident performance and in the perceptions of providers and recipients of multi-source feedback. Her work has been supported by the Royal College of Physicians & Surgeons of

Canada and the Medical Council of Canada. She has numerous peer-reviewed publications, presented internationally, and received awards for her research.

## Excellence in Postgraduate Medical Education Award - Teaching Performance, Mentorship and Advocacy

**Abhaya Kulkarni** MD MSc PhD FRCSC  
Department of Surgery

Dr. Kulkarni obtained his MD degree in 1994 and his Neurosurgery certification in 2002. Following this he completed fellowship training in pediatric neurosurgery at Hôpital-Necker Enfants Malades in Paris. He joined the Hospital for Sick Children in the Division of Neurosurgery and Population Health Sciences in 2003. His clinical interests span the spectrum of pediatric neurosurgery, including hydrocephalus, neuro-oncology, head injury and craniofacial surgery. He is also actively involved in stereotactic radiosurgery at the Toronto Gamma Knife Unit. Since 2010, he has served as the Neurosurgery Residency Program Director at the University of Toronto.

Dr. Kulkarni's research interest is in the area of clinical epidemiology, specifically the study of long-term health outcomes in paediatric neurosurgical patients. He completed his PhD in 2003 in the Department of Clinical Epidemiology and Biostatistics at McMaster University. His PhD thesis led to the development of the first health status outcome measure for use in paediatric hydrocephalus. He is a lead site investigator for the North American Hydrocephalus Clinical Research Network and serves as an Associate Editor for Neurosurgery.

# **David F. Tang-Wai** MDCM FRCPC

Department of Geriatrics

Dr. David Tang-Wai is an associate professor in neurology and geriatric medicine at the University of Toronto. He received his MD degree from McGill University. He completed his neurology residency and behavioral neurology fellowship at the Mayo Clinic. Dr. Tang-Wai is the co-director of University Health Network Memory Clinic, the program director of the adult neurology residency program at UofT, and leads the clinical harmonization group of the Toronto Dementia Research Alliance. He has received multiple teaching awards and nominations from undergraduate and postgraduate trainees. He also provides lectures on dementia for Western University and nationally (Canadian Conference on Dementia, Canadian Geriatrics Society). In addition, he also conducts research in dementia with interests include the progressive aphasias, posterior cortical atrophy, normal pressure hydrocephalus, and the autoimmune encephalopathies.

## **Reflection**

There is a no greater joy than to watch a learner, whether student resident, fellow, or patient/family, understand complex topics. Neurology is replete with complexity and by reducing it to single understandable concepts (which includes applying non-medical analogies to teaching neurological signs) followed by the successive layering of additional concepts of increasing complexity, have allowed learners to proceed from basic information to a stage of master clinician. This is the method that I have learned from my trainees and strive to employ.

## **John Thenganatt** MD FRCP

Department of Medicine

After graduating from Queen's Medical School in 2001, Dr. Thenganatt completed his Internal Medicine Training at the University of Western Ontario in 2004 and his Respiriology Residency Training at the University of Toronto in 2006. He subsequently completed subspecialty training in Pulmonary Hypertension at the Toronto General Hospital. In 2008, Dr. Thenganatt completed the University of Toronto, Department of Medicine Master Teacher Program. He was appointed Assistant Professor at the University of Toronto in 2009. Since 2009, Dr. Thenganatt has been working in the Pulmonary Hypertension Clinic and General Respiriology Clinic at the Toronto General Hospital and also attending on the Respiriology Consult Service at UHN-MSH. He has been the UHN-MSH Respiriology Post-Graduate Education Coordinator since 2009 and the University of Toronto, Division of Respiriology CME Coordinator since 2016. Dr. Thenganatt has been recognized by residents and colleagues for his clinical teaching and coordination of the UHN-MSH Respiriology Rotation. He was awarded the Whitman-Berris Academy Award for Teaching Excellence in 2009 and 2014. In 2010, he was awarded the UHN-MSH Department of Medicine Award for Undergraduate Teaching Excellence. In 2016, The Whitman-Berris Academy awarded him the John W. Bradley Award for Educational Administration, Innovation, and Development. Dr. Thenganatt has also been recognized for his mentorship of residents having twice been nominated for the UofT PGME Post-Graduate Mentorship Award and Royal College Mentor of the Year Award.

### **Reflection**

The Division of Respiriology at UHN-MSH strives to create a collegial educational environment where residents feel welcomed, valued, respected, and engaged.

# Charles Mickle Fellowship

**Kevin Imrie** MD FRCPC FACP FRCPI (hon) FRACP (hon)  
Department of Medicine

Dr. Imrie is Physician-in-Chief and Clinical Hematologist at Sunnybrook Health Sciences Centre. A Professor in the Department of Medicine at the University of Toronto, he has previously served as Vice-Chair Education for the Department of Medicine as well as Associate Dean of admissions and evaluation in PG Medicine. He is past president of the Royal College of Physicians and Surgeons of Canada. Dr. Imrie has served in a number of leadership capacities with the Royal College, the University of Toronto, and Cancer Care Ontario. He has been an active contributor to the Future of Medical Education Postgraduate project, the 2015 update of the CanMEDS framework as well as the implementation of competence by design. He chaired the pan-Canadian task force on resident duty hours from 2011-2013 and currently co-Chairs the task force on Fatigue risk management. Dr. Imrie co-Chairs the strategic planning working group of the RCPSC and chairs its council task force on periodic reaffirmation of competence.

Dr. Imrie is a highly regarded teacher and has received a number of awards, including the University of Toronto's Award for Excellence in Postgraduate Medicine Education in 2005 and the Department of Medicine's Teacher of the Year in 2008. In 2015, he was awarded the Ian Hart award of distinction from the Canadian Association of Medical Education in recognition of his lifetime contribution. Dr. Imrie has been awarded Fellowship in the American College of Physicians, as well as honorary fellowships from the Royal College of Physicians of Ireland and the Royal Australasian College of Physicians.

## Reflection

The supreme quality for leadership is unquestionably integrity. Without it, no real success is possible, no matter whether it is on a section gang, a football field, in an army, or in an office. -Dwight D Eisenhower

## Social Responsibility Award in Postgraduate Medical Education

**Meldon Kahan** MD CCFP FRCPC

Department of Family Medicine

Dr. Meldon Kahan is currently an Associate Professor in the Department of Family Medicine at the University of Toronto, and Medical Director of the Substance Use Service at Women's College Hospital. Over the years he has written a number of peer-reviewed articles, guidelines, and educational publications on addiction-related topics. He is the former project lead on the Mentoring, Education and Clinical-Tools for Addiction: Primary Care – Hospital Integration Project (META:PHI), funded by Health Quality Ontario and the Council of Academic Hospitals to expand best practices in managing addictions. He now leads the META:PHI Toronto project funded by the Toronto Central LHIN. His main interests are primary care and addiction, methadone and buprenorphine treatment, medical marijuana, and medical education in addiction.

# The Sarita Verma Award for Advocacy and Mentorship in Postgraduate Medicine

**Janet Bodley** MD MEd FRCSC

Department of Obstetrics and Gynaecology

Dr. Bodley graduated from the University of Toronto, Faculty of Medicine and completed her postgraduate training in obstetrics and gynecology in Toronto. Dr. Bodley completed her fellowship training in urogynecology and minimally invasive surgery at Women's College Hospital.

Dr. Bodley completed her Masters degree in education in 2007 with a focus on the health professions. Special area of interest includes the role of communication and mentorship in improving medical education and medical practice. Dr. Bodley is a clinician educator with active teaching roles at the undergraduate, postgraduate and faculty development levels including postgraduate site coordinator as well as rotation coordinator for urogynecology at Sunnybrook Health Sciences Centre. Dr. Bodley maintains a career and mentorship focus with the Centre for Faculty Development and participates in developing and presenting workshops both locally and nationally. In January 2010 Dr. Bodley was appointed the Faculty Lead for the Resident Wellness Program in the Department of Obstetrics and Gynecology at the University of Toronto.

## Reflection

It is a privilege to be a leader for resident wellness, mentorship and advocacy. I truly love what I do, even when dealing with difficult and distressing situations. The wellness program has facilitated the ability to talk about wellness more easily and openly, and to understand that many of the challenges around physician wellness and



burnout are at the level of the system not the individual. We have accomplished a lot, and there is always more to do. I look forward to the work that lies ahead; I hope to continue to expand our program and develop new collaborations.

## Robert Sheppard Award

### **Stephen Hwang** MD MPH

Department of Medicine

Dr. Hwang completed his residency in internal medicine at the University of Toronto in 1992. With a strong desire to serve patients who were marginalized and disadvantaged, he found a position as a primary care internal medicine physician with the Boston Health Care for the Homeless Program. For four years, he worked in a clinic at Boston City Hospital and at a shelter, taking care of patients who were homeless. During this time, he developed a passion for doing research that could help improve the lives of people experiencing homelessness. In 1996, Dr. Hwang moved back to Toronto to an academic position in the Division of General Internal Medicine at the University of Toronto. Because of his focus on homelessness and disadvantaged populations, Dr. Hwang opted to work at St. Michael's Hospital. In addition to caring for patients on the General Internal Medicine Clinical Teaching Units at St. Michael's Hospital, Dr. Hwang continues to see patients every week at Seaton House, a shelter for homeless men. Dr. Hwang is now among the pre-eminent researchers in homelessness worldwide. He is the Director of the Centre for Urban Health Solutions at St. Michael's Hospital, and holds an endowed research chair in Homelessness, Housing and Health. His research studies have focused on health conditions and access to health care among people experiencing homelessness, the connections

between housing and health, and interventions to improve the health of people who are homeless.

# **CONTINUING PROFESSIONAL DEVELOPMENT AWARDS**

## **Colin R. Woolf Awards**

The Colin R. Woolf Awards were created to recognize outstanding contributions to continuing education courses. The first award is given to a University of Toronto-sponsored course for Excellence in Course Coordination. The second award is given for Excellence in Teaching, sustained over a five year period, in a University of Toronto- sponsored Continuing Education course. The final category recognizes Long-Term Contributions, excellence sustained over at least five years, in Continuing Education activities, including course coordination, and may include an administrative or research role in Continuing Education.

## **David Fear Fellowship**

David was an anesthetist at the Hospital for Sick Children, active in the University's Department of Anesthesia, where he served as Director of Continuing Education, and the Chair of the Faculty Council Committee on Continuing Education. Until his untimely death in June 1997, his leadership in clinical, educational and administrative roles was instrumental in raising awareness of, and competence in, continuing education. This fellowship attempts to recognize David's role in this area, and to support those

faculty members who wish to develop or enhance their competence and skills in CE.

## Fred Fallis Award in Distance Education

This award was named to honour Dr. Fred Fallis, the first Assistant Dean in Continuing Education in the Faculty of Medicine, University of Toronto (1982-1985) and one of the founders of Telemedicine for Ontario. The award is available annually and recognizes an individual or group which has demonstrated innovation and excellence in online learning for health professionals.

## Ivan Silver Innovation Award

To honour Dr. Ivan Silver's distinguished contribution to the fields of CEPD, this Award is intended to recognize an innovative CEPD initiative developed and delivered by a University of Toronto faculty member or team that has demonstrated an effect on health professional performance or health outcomes.

## Interprofessional Health Care Team Continuing Education Award

Acknowledging the importance of exceptional health care teams in the provision of quality health care, this award has been developed to recognize excellence in interprofessional team continuing education, and professional development designed to enhance interprofessional team practice, to ultimately improve health care delivery.

# Colin R. Woolf Award for Excellence in Course Coordination

## **Evan Propst** MD FRCSC MSC

Department of Otolaryngology - Head & Neck Surgery

Dr. Evan Propst was born in Toronto, received his medical degree from the University of Toronto, and completed Residency training, a Masters degree, and the Surgeon Scientist Program in Otolaryngology – Head & Neck Surgery in Toronto. He pursued Fellowship training in Pediatric Otolaryngology – Head & Neck Surgery at Cincinnati Children's Hospital Medical Center for two years, where he focused on open airway surgical reconstruction and head and neck surgery. He was hired on staff at the Hospital for Sick Children as Assistant Professor of Otolaryngology – Head & Neck Surgery in 2010 and was promoted to Associate Professor in 2017. He currently serves as the Fellowship Director, Residency Site Director and Undergraduate Medical Education Site Director for Paediatric Otolaryngology.

His specialty interests include complex airway problems, revision open airway surgery, congenital malformations, pediatric surgical oncology and complex sleep disordered breathing. He has published 75 peer-reviewed journal articles, 18 book chapters, and a book entitled *Airway Reconstruction Surgical Dissection Manual* (Plural Publishing, San Diego) which is used around the world to teach open airway surgery to trainees. He is extremely grateful for the support provided by his family, previous educators and administrative staff that have and continue to allow him to pursue his academic goals.

## Reflection

If you can't explain it simply, you don't understand it well enough. -Albert Einstein

## Colin R. Woolf Award for Long-Term Contributions to Continuing Education

**Diana Kljenak** MD, FRCPC  
Department of Psychiatry

Dr. Kljenak's academic and clinical work has focused on collaborative mental health care, psychotherapy and continuous professional and practice development (CPPD). Dr. Kljenak is a Cognitive-Behavior Therapy (CBT) Lead for the University of Toronto, Department of Psychiatry. The responsibilities of the portfolio of the CBT Lead include development of Goals and Objectives for CBT training of psychiatric residents, CBT Psychotherapy Core Curriculum Block Coordination, and recruitment and approval of new CBT supervisors.

Dr. Kljenak is a CBT seminar co-lead at University of Toronto, Department of Psychiatry and a Psychotherapy Coordinator at the UHN Centre for Mental Health. She was awarded a full tuition scholarship for the 2013 Teaching and Supervising CBT Workshop for Graduate Faculty, Beck Institute for Cognitive Behavior Therapy.

Her CPPD activities include directing Bi-Annual UHN Department of Psychiatry Community Education Day, now in its 5th year as well as co-chairing inaugural CPPD Day. She is an accreditation reviewer for the Department of Psychiatry

through the University of Toronto, Office of Continuing Professional Development (CPD).

Dr. Kljenak is the President of the Ontario Psychiatric Association and a Co-chair of the Ontario Coalition of Psychiatrists. Dr. Kljenak was formerly a co-chair of the Collaborative Mental Health Working Group at the University of Toronto, Department of Psychiatry and Department of Family and Community Medicine.

## Colin R. Woolf Award for Excellence in Teaching

**Barbara-Ann Millar** MBChB MRCP FRCR. FRCPC  
Department of Radiation Oncology

Dr. Millar was an Education Scholar in the second cohort of the Education Scholar Program (ESP) from 2006-2008. During this time, she was also a new Program Director in the Radiation Oncology department at the University of Toronto. This was a life changing opportunity for her, and was delighted to be invited to take the role of Associate Director for ESP in 2011 and return to continue to teach, design and support this outstanding Faculty Development course for health care professionals across the Faculty of Medicine and beyond.

This has allowed her to develop skills and knowledge, which has translated into helping develop and teach further courses within Toronto (New and Evolving Academic Leaders (NEAL) program and PMH Young Leaders course) and across Canada (Canadian Leaders In Medical Education (CLIME)), and internationally. Most importantly, Dr. Millar has had the opportunity to interact, learn from and teach with many remarkable people.

## Reflection

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

-Maya Angelou

## David Fear Fellowship

### **Sandra de Montbrun** MD Med PhD FRCSC

Department of Surgery

*Awarded Excellence in Postgraduate Medical Education, Innovation and Development. Please see pg. 32 for full bio.*

## Fred Fallis Award

### **Abhimanyu Sud** MD CCFP

Department of Family and Community Medicine

Dr. Sud is a native Torontonians educated at Yale University and the University Toronto. He practices full scope family medicine as well as chronic pain medicine. Besides Safer Opioid Prescribing, Dr. Sud has been involved in various provincial and national opioid prescribing education initiatives and has been a vocal advocate around the national opioid crisis. His research focuses on interventions for improving opioid prescribing and the feasibility of non-opioid therapies for managing chronic pain.

## Reflection

We shape our tools and afterwards our tools shape us.

– Marshall McLuhan

## Ivan Silver Innovation Award

### **Shady Ashamalla** MSc MD FRCSC

Department of Surgery

Dr. Shady Ashamalla obtained his undergraduate Honours degree from the University of Guelph in Biomedical Sciences followed by a Master of Science degree at Queen's University. He then returned to Toronto and completed his medical degree at the University of Toronto. This was followed by a residency in General Surgery also at the University of Toronto. After completing his training in General Surgery he went on to complete advanced fellowship training in Minimally Invasive Surgery followed by a fellowship in Surgical Oncology. His clinical interest is devoted to Lower Gastrointestinal Surgical Oncology with a clinical focus on the Minimally Invasive approach. He also has extensive academic experience with surgical education and surgical simulation. His practice is completely devoted to Lower Gastrointestinal Surgical Oncology with focus on the advancement of the Minimally Invasive technique within the field of Surgical Oncology. He has been appointed to the University of Toronto as an Assistant Professor and Surgeon Educator with academic interests in Surgical Simulation and Knowledge Translation.

## Interprofessional Health Care Team Continuing Education Award

Southlake Regional Health Centre (SRHC) has made a commitment to build a culture of interprofessional care, where front line staff are inspired and empowered to work together to ensure the highest quality and safety in patient outcomes. Lorna Bain and Dr. Zaeef Wulffhart have been



leading interprofessional quality improvement learning initiatives to help teams optimize their work together. The Interprofessional Faculty Development Workshop honoured tonight demonstrates excellence in its ability to equip teams with tools to foster trust and effective communication. Collaboratively, Lorna and Zaev teach Academic Learners the importance of interprofessional competencies at the University of Toronto, York University and Ryerson University. They've received prestigious acknowledgement on their work related to the role of collaboration in patient safety culture.

## **Lorna Bain** ACPAC

Department of Occupational Therapy

Lorna Bain was trained as an Occupational Therapist through the Faculty of Medicine, Department of Occupational Therapy at the University of Toronto. In 1991, Lorna began working at Southlake in The Arthritis Program (TAP). She attained her Advanced Clinician Practitioner in Arthritis Care (ACPAC) Certification through the Office of Continuing Professional Development, Faculty of Medicine, U of T. Lorna is now the Administrative Lead in TAP. She's developed evidence based interprofessional training programs taught across Canada, and has presented globally in Norway, Mexico, France and Japan. In 2011, she became SRHC's lead in Interprofessional Care. She is Co-Chair of the Interprofessional Clinical and Academic Advisory Council.

## Reflection

Courage is contagious. Every time we choose courage we make everyone around us a little better, and the world a little braver (B. Brown). Team work is about understanding how we can all contribute by bravely using the breadth and depth of our individual abilities to create group synergy. True team work requires courage.

## **Zaev Wulffhart** MB BCh FACC FRCP Department of Cardiology

Dr. Wulffhart obtained his medical degree and completed his internship in South Africa in 1984. He immigrated to Canada, and pursued his training in Internal Medicine and Cardiology with a Fellowship in Electrophysiology. He worked in Toronto at Wellesley Hospital, St Michael's Hospital and Sunnybrook & Women's Health Sciences Centre holding Leadership/Educator roles.

In 2001, Dr. Wulffhart joined Southlake to fulfill a vision of providing excellent, expanded, comprehensive cardiac services including teaching and research in a community hospital setting. He has been the Chief of Cardiology and Medical Director of the Heart Rhythm Program. In 2013, he became Physician Leader of the Regional Cardiac Program. He is also Director of Medical Education, and Co-chair of the Interprofessional Academic and Clinical Advisory Council. He has appointment as Assistant Professor at U of T and continues to be actively involved in research and educational activities.

## **Reflection**

We cannot always build the future for our youth, but we can build our youth for the future. - F. D. Roosevelt.

We have become accustomed to an educational system which trains our practitioners in silos to function independently. We need to teach our practitioners to work in teams, better preparing them for future practice in a high quality, collaborative, efficient and safe environments.

# FACULTY DEVELOPMENT AWARDS

## Helen P. Batty Awards for Excellence and Achievement in Faculty Development

These awards, named after one of our own award-winning educators, were established in 2005 to recognize outstanding departmental faculty development programs leading to the enhancement of education, instruction, career development, professionalism, inter-professionalism, and/or health professional leadership within the Faculty of Medicine in the categories of Sustained Excellence in Teaching as a Faculty Developer, Innovation in Program Development and Design, and Sustained Contribution to the Field of Faculty Development.

## Sustained Contribution of the Field of Faculty Development

**Ivan Silver** MD MEd FRCPC

Department of Psychiatry

Dr. Ivan Silver is a full Professor in the Department of Psychiatry at the University of Toronto and the inaugural Vice President, Education at the Centre for Addictions and Mental Health.

Drawing from his experience at the University, Dr. Silver is responsible for envisioning and creating a teaching and

learning culture at CAMH that will draw students and trainees to the hospital and support the teaching and learning experience of everyone who works there.

Formerly the Vice-Dean of Continuing Education and Professional Development (2005-2011) in the Faculty of Medicine at University of Toronto, Dr. Silver has also served as an Educational Consultant with the Li Ka Shing Knowledge Institute at St. Michael's Hospital and was the inaugural Director of the Faculty of Medicine's renowned Centre for Faculty Development (2002-2009). Prior to his move to CAMH, he was a staff psychiatrist at Sunnybrook Health Sciences Centre. Dr. Silver is a nationally and internationally respected scholar in the areas of Continuing Education and Professional Development, Faculty Development and Interprofessional Education and Collaboration. He has built a national reputation as a skilled clinician, an esteemed teacher and educator, and a creative facilitator. Among his many awards and honours is the prestigious 3M Teaching Fellowship, a national award that recognizes outstanding contributions to university teaching across all disciplines.

In his specialty area of psychiatry, he has developed local and national strategies for delivering continuing education to mental health professionals in Toronto and in Canada. He has worked with the Royal College of Physicians and Surgeons of Canada to help develop the Maintenance of Certification program. In his role with the Centre for Faculty Development, he initiated several programs to enhance the professional development of faculty. His academic interests include how students of all ages learn, the development of novel teaching methods, how to engage students in learning interactively and inter-professionally and models for implementing and evaluating professional development and continuing education programs.

Dr. Silver has profoundly influenced health professions education at and outside the University of Toronto as a

teacher and mentor, as a translational scholar, as a faculty developer and as an educational leader with a passion for creating and nurturing a culture of teaching and learning.

## Sustained Excellence in Teaching as a Faculty Developer

**Rick Penciner** MD MSc CCFP(EM) FCFP  
Department of Family and Community Medicine

Dr. Rick Penciner is passionate about teaching and cycling (not necessarily in that order). He is an Emergency Physician and the Director of Medical Education and the Centre for Education at North York General Hospital in Toronto, Canada. He is an Associate Professor and the Co-lead for Faculty and Professional Development in the Division of Emergency Medicine, Department of Family and Community Medicine at the University of Toronto. Over a span of 23 years, he has been involved as a teacher, educator and leader in the spectrum of medical education - from undergraduate, postgraduate to continuing education and professional development. He spends most of his time teaching - medical students how to be doctors, residents how to be Emergency Physicians, colleagues how to teach and his boys how to be men. Rick was born and raised in Toronto, has been married to his wife Jane for 25 years (who keeps the 4 boys in her life in order).

### Reflection

My greatest influences as an educator occurred during my formative years; working with my father in the restaurant

business; challenging my high school teachers; and as a camper and counsellor at a leadership summer camp in Northern Ontario. I attribute everything I know about leadership and teams to my summers at camp – only to learn the labels and theories during my formal graduate education. I value respect, integrity and intellectual challenge. My personal and professional vision is to add value to the people around me by improving their health and teaching them at least 1 thing they don't know.

# External Education and Teaching Awards (2017/18)

*\*The following is a list of award recipients nominated by the Faculty of Medicine for national/international Education and Teaching Awards.*

## **AFMC Award for Outstanding Contribution to Faculty Development in Canada**

*Awarded to an individual or a group in Canada who has made an exceptional contribution in the area of Faculty Development.*

**-Dr. Karen Leslie**, Department of Paediatrics and Centre for Faculty Development

## **CAME Ian Hart Award for Distinguished Contribution to Medical Education**

*Established in 1992 in honour of Dr. Ian Hart, founder of CAME, this award recognizes senior faculty who have made an exceptional contribution to medical education throughout their academic career.*

**-Dr. Susan Lieff**, Department of Psychiatry

## **CAME Meridith Marks New Educator Award**

*Named in honour of Dr. Meridith Marks, this award recognizes individuals in the first phase of their professional career who have made a significant contribution to medical education.*

**-Dr. Ryan Brydges**, Department of Medicine

## **CAME Certificate of Merit**

*To promote, recognize and reward faculty committed to medical education in Canadian medical schools.*

**-Dr. Nicole Woods**, Department of Family and Community Medicine

**-Dr. Rick Penciner**, Department of Family and Community Medicine



## **Royal College Duncan Graham Award for Outstanding Contribution to Medical Education**

*This national award is named in honor of the late Dr. Duncan Graham, Chair of the Department of Medicine of the University of Toronto from 1919 to 1947. He was among the first to undertake postgraduate medical training after graduating in 1905. He went on to set up a program for postgraduate training of medical specialists in Canada on which the Royal College is modeled. The Duncan Graham Award has been recognizing outstanding contribution to medical education since 1969.*

**-Dr. Susan Lieff**, Department of Psychiatry

## **2017 EDF Recipients**

*The Education Development Fund is a seed fund designed to encourage those who are transitioning to, or are newly engaged in, education scholarship to further their career development. Funding has traditionally been awarded to initiatives that focus on the design, implementation and evaluation of courses, programs and curricula including faculty development, continuing education and clinical learning initiatives across the medical education continuum.*

**-Dr. Jory Simpson**, Department of Surgery

*Humanism Education in Surgery: Developing a Patients as Teachers Initiative In Surgery for Clerkship Students*

**-Dr. Kate Hayman**, Department of Medicine

*Teaching undergraduate medical students to “go upstream” and advocate on social determinants of health using case-based learning*

**-Drs. Batya Grundland and Jeremy Rezmovitz**, Department of Family and Community Medicine  
*Caring, Not Just Curing: Using Digital Storytelling to Understand the Teaching and Learning of Compassionate Care in a Canadian Family Medicine Residency Program*

**-Dr. Anna Nowacki**, Department of Medicine  
*Laying the Groundwork: entitled The Addis Ababa Toxicology Curriculum Project: Educational Needs Assessment for the Toxicology Modules of an Emergency Medicine Training Program*

**-Dr. Megan Landes**, Department of Family and Community Medicine  
*Laying the Groundwork: Developing a Global Health Emergency Medicine Fellowship at the University of Toronto*

**-Dr. Elise Hall**, Department of Psychiatry  
*PsychEd: a learner-driven, educational psychiatry podcast*

**-Dr. Michael Neszt**, Department of Psychiatry  
*Better Together: A Mixed-Methods Study to Guide a Continuing Professional Development and Faculty Development Curriculum in Integrated Mental Health Care*

**-Drs. Fok-Han Leung and Milena Forte**, Department of Family and Community Medicine  
*Reflections on Remediation Through a Graduate's Lens*

# Musicians

## Livia Coburn & Julia Mirzoev

On Cello - Livia Coburn is a twenty-one-year old cellist from Toronto. In April 2018, Livia completed her Bachelor of Music in Cello Performance at the University of Toronto, where she studied with Toronto Symphony cellist Joseph Johnson. Livia has been the recipient of several merit based scholarships throughout the undergraduate degree including the Kathleen Parlow Scholarship (2015, 2016, 2017), the Laura Kinton Muir Prize (2017), the Gregor Piatigorsky Memorial Award in Cello (2017), the David and Marcia Beach Summer Study Award (2016), the Ethel Berney Scholarship (2014), as well as the Music Alumni Association Scholarship (2014).

In the summer of 2018, Livia will be an auditing member of the National Academy Orchestra of Canada (NAO), Canada's preeminent training orchestra. Livia passed several rounds of auditions in January 2018, to compete in the finals of the Guelph Symphony Orchestra Concerto Competition. Livia will be performing as a solo artist with the Guelph Symphony Orchestra in their 2018 - 2019 season. During her time at the Faculty of Music, Livia had the privilege of being a participant in numerous master classes, lessons, and coachings from various esteemed Canadian and International artists, including Matt Haimovitz, Laurence Lesser, Michel Strauss, Amit Peled, Cecylia Barczyk, and others.

On Violin – A Toronto native, Julia Mirzoev started playing violin at the age of two under the guidance of her father. To the start of her education at the University of Toronto, Julia studied with renowned pedagogue Jacob Lakirovich. Julia has completed the four year undergraduate degree at University of Toronto on merit based full scholarship. Julia is currently under the tutelage of Jonathan Crow

(Concertmaster, Toronto Symphony Orchestra), at the Faculty of Music. Julia can often be seen playing principal positions as well as Concertmaster in the University of Toronto Symphony and Opera Orchestras. Julia has won multiple first prizes in provincial and national competitions, including first and grand prizes at the Canadian Music Competition and the esteemed President's Trophy award at Toronto Kiwanis. Julia has won the Toronto Symphony Youth Orchestra Concerto Competition first prize. This prize included granting Julia an opportunity to perform as a solo artist with the Toronto Symphony Orchestra on several occasions. Julia has also won the same honors at the U of T Concerto Competition. Julia has performed as a solo artist with the Scarborough Philharmonic, Sinfonia Toronto, and the Canadian Sinfonietta.



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